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New Zealand Primary School Teachers’ Preparedness to Teach Children with Chronic Illnesses

A thesis presented in partial fulfilment of the requirements for the degree of

Master
of
Educational Psychology

At Massey University, Albany, New Zealand

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2018
**Abstract**

All children are entitled to good quality education where they can learn alongside their peers from qualified, registered, and well supported teachers. However, previous research suggests that some teachers are underprepared and inadequately resourced to meet the needs of children living with chronic illnesses and that this can exacerbate the academic and social challenges these children may face in an educational context. Using a mixed-methods approach, this study examined New Zealand primary school teachers’ preparation and experiences in teaching children with chronic illnesses. Fifty-five teachers responded to an online survey that gathered both quantitative and qualitative data. The results were further explored with a purposive nested sample ($N = 4$) using in-depth follow-up interviews. Seventy-eight percent of the survey respondents had not received any initial teacher education training with regards teaching children with chronic illnesses, and almost half (47%) had not undertaken any in-service professional learning and development. Information and supports available to teachers tended to have a specific focus on medical needs, with limited consideration for potential academic and social implications. Consistent with international findings, the results of this study indicate the need for improved teacher education, more readily accessible information and support, and further opportunities for interprofessional collaboration. The results extend on the international literature by highlighting a strength-based, family-centred approach to working with these learners. Teachers’ self-efficacy beliefs are identified as an important area for further research on this topic.

*Keywords:* Childhood chronic illness, inclusive education, teacher education, primary school, mixed-methods, interprofessional collaboration, teacher self-efficacy
Acknowledgements

The completion of this thesis is thanks in large part to the wonderful people who have encouraged, challenged, and persevered with me along the way. I would like to extend my sincere thanks and appreciation to my supervisors, Associate Professor Roseanna Bourke and Terence Edwards. Thank you for allowing me to pursue a topic of great interest to me and for patiently guiding me through the research process. I am indebted to your on-going support, thoughtful critique, and professional expertise. Thank you also to Ceri John who was instrumental in the early stages of this research. It has been a pleasure and privilege to learn from all three of you. Thank you to two fantastic teachers and friends, Mr and Mrs W, along with colleagues who helped me to arrive at my research topic. I hope to draw attention to an important area of your professional practice for which you may not always get the support and recognition that is due. Many thanks to the teachers who contributed their time to this study - I was very motivated to do justice to the stories you kindly shared. Last, an enormous thanks to my family, friends, and colleagues for being so very patient and supportive throughout this endeavour. I am certainly looking forward to spending more time with you all.

Phase I of this study was reviewed and approved by the Massey University Human Ethics Committee: Southern B, Application 17/21 (see Appendix A). The second phase was evaluated by peer review and judged to be low risk. Consequently, it was not reviewed by one of the University's Human Ethics Committees (see Appendix B).
Dedication

I dedicate this thesis to my loving and patient husband. Thank you for your consistent support and encouragement through a challenging year, all the while quietly accomplishing your own career goals. I am immensely proud of you and so very thankful for all that you do.
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