

Copyright is owned by the Author of the thesis. Permission is given for a copy to be downloaded by an individual for the purpose of research and private study only. The thesis may not be reproduced elsewhere without the permission of the Author.

A Thematic Analysis of stories of  
Workplace Bullying Told on the  
World Wide Web

A thesis presented in partial fulfilment of the  
requirements for the degree of

Master of Arts  
in  
Industrial/ Organisational Psychology

at Massey University  
Palmerston North  
New Zealand

Josephine Schlup

2009

[jmschlup@xtra.co.nz](mailto:jmschlup@xtra.co.nz)

## Abstract

This study explored how the experience of workplace bullying is described by targets of the phenomenon. The target's experience has been neglected by the research to date as it is difficult to gain access to their point of view. A qualitative approach was undertaken to develop the study in order to gain insight into this experience. Targets' stories were analysed for themes which revealed important aspects of this experience.

The World Wide Web was utilised to harvest narratives from carefully selected websites which granted consent to access the stories. These websites provided anonymity for the targets to freely express their experiences of the phenomenon in an effort to provide self-help assistance to viewers. The World Wide Web is a new frontier for the research community which is still developing clear ethical guidelines for this arena. Therefore this project developed its own protocol for conducting its study which was informed by debates on the ethics of internet based data collection.

The analysis of harvested stories identified two global themes: acts of bullying and ongoing consequences. Acts of bullying included the following sub themes: a triggering event, hindsight, persistent and unrelenting negative criticism, scapegoat, tasks and duties changed, deadlines, basic rights denied, personal attacks and name calling, and temper tantrums. The second global theme encompassed ongoing consequences for the target. This theme consisted of the sub themes: rendered powerless, safety hazard, and psychological contract. These themes illustrated a trajectory for the progression of the phenomenon of bullying from targets' points of view.

This trajectory provides a richer and more specific understanding of workplace bullying which can assist practitioners and researchers to develop ways for organisations to prevent workplace bullying and/ or undertake interventions when it occurs.

## Acknowledgements

I would like to acknowledge the markers of this thesis by thanking them in advance for taking the time to consider it and provide feedback.

I am not sure how to express my thanks and appreciation to Mandy Morgan my thesis supervisor. She has provided constant inspiration and encouragement throughout this thesis. Her wisdom and patience has provided a light which has kept me focussed and on track.

Thank you to the website creators who granted consent to utilise the data on their websites and the targets who chose to utilise the World Wide Web to share their experiences of workplace bullying on these web sites. I hope that they have been able to continue their journey through recovery.

I would also like to take the time to show my appreciation to the many lecturers and tutors during both my undergraduate and post graduate years all of which have allowed me to answer the many questions I came to university with.

Last, thank you to Nigel and our three children who continue to provide me with the inspiration to study and have sustained this throughout my studies by supporting and encouraging me. I hope that this may inspire them to follow their dreams.

## Table of Contents

<b>Abstract</b> .....	<b>ii</b>
<b>Acknowledgements</b> .....	<b>iii</b>
<b>Table of Contents</b> .....	<b>iv</b>
 <b>Chapter One – Literature Review</b>	 <b>1</b>
Introduction .....	1
Prevalence studies.....	2
Negative consequences of workplace bullying for the target.....	5
Organisational factors.....	7
Cost of bullying.....	12
Rationale for this project.....	13
 <b>Chapter Two – Internet Research</b>	 <b>16</b>
Introduction.....	16
Ethical internet research.....	19

## **Chapter Three – Methodology 23**

Introduction.....	23
Procedures for data gathering.....	26
The sample.....	28
Analytical description of websites.....	29
Thematic analysis.....	30
Conclusion.....	32

## **Chapter Four – Analysis 33**

The act of bullying.....	33
Triggering event.....	33
Incidents of negative behaviour.....	40
Hindsight.....	41
Persistent and unrelenting negative criticism.....	44
Scapegoat.....	47
Tasks and duties changed.....	48
Deadlines.....	50
Basic rights denied.....	55
Personal attacks, name calling, and temper tantrums.....	57
Conclusion.....	62

<b>Chapter Five – Analysis</b>	<b>63</b>
Ongoing consequences for the target.....	63
Rendered powerless.....	63
Safety hazard.....	67
Psychological contract.....	73
Conclusion.....	79
<b>Chapter Six – Conclusion</b>	<b>81</b>
Introduction.....	81
Future research.....	89
<b>References.....</b>	<b>92</b>
<b>Appendix.....</b>	<b>111</b>

## List of Tables

<b>Table 1.....</b>	<b>2</b>
---------------------	----------