<table>
<thead>
<tr>
<th>Common Center</th>
<th>Subcategory</th>
<th>Subcategory</th>
<th>Subcategory</th>
</tr>
</thead>
<tbody>
<tr>
<td>Be</td>
<td>Being</td>
<td>Being</td>
<td>Being</td>
</tr>
<tr>
<td>We</td>
<td>We</td>
<td>We</td>
<td>We</td>
</tr>
<tr>
<td>hippari</td>
<td>hippari</td>
<td>hippari</td>
<td>hippari</td>
</tr>
<tr>
<td>common center</td>
<td>common center</td>
<td>common center</td>
<td>common center</td>
</tr>
</tbody>
</table>

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**Diagram Description**

- **We**: a process of practicing transformation
- **Be**: a process of practicing transformation
- **hippari**: a process of practicing transformation
- **common center**: a process of practicing transformation

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**Notes and Comments**

- Handwritten notes and annotations throughout the page, indicating discussions or questions about the content.
- Diagrams and flowcharts are used to illustrate relationships and processes.
- Red and green markings highlight key points or areas of focus.

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**Incorporated Text**

- "We're always learning!"
- Additional comments and questions written on the margins.