How can Aikido’s ‘Zanshin’ ... benefit design leadership within co-creative practice?

Aikido master Ueshiba described this state as a ‘stillness in movement,’ which revolves around the constant reassessment of one’s situation and priorities by blending with, and maintaining control of, the interactions of the challenger’s own energy and actions to generate strategies to engage them.

Additionally, even after an Aikido technique has been completed one should remain attentive and balanced. This “following through” of technique - ‘zanshin’ - has both physical and cognitive dimensions based around the position that there is nothing more special about having completed a technique than there is about beginning or continuing it.