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THE IMPACT OF INVOLUNTARY REDUNDANCY ON MATURE FEMALE CLERICAL WORKERS IN THE AUCKLAND AREA

A thesis presented in partial fulfilment of the requirements for the degree of Master of Arts in Psychology at Massey University

DOREEN DAVY 2003

ABSTRACT

Mature women losing their jobs through redundancy is a relatively unexplored facet of unemployment in New Zealand. The current study used a qualitative approach to investigate the experiences of 12 women aged 40 and over who had lost their clerical jobs through involuntary redundancy. Audiotaped interviews were conducted with the 12 women participants plus 5 recruitment consultants. The recruitment consultants were added to the study to gain some understanding of employer attitudes towards mature women and to see how the two perspectives compared. Grounded theory was used to analyse the transcribed data and to construct a theory of the experiences of mature women made redundant. The findings are organised into four main categories. These are the redundancy itself; unemployment; the job search and reemployment. The redundancies had a profound effect on the lives of the majority of the women involved. They resulted in a lower standard of living and psychological distress for almost every participant, even after reemployment. The study also found that approaching recruitment agencies for advertised positions was generally a discouraging and humiliating experience for the mature female clerical workers. Recruitment agencies were mostly perceived as being unhelpful, frequently offering only temporary work rather than permanent positions to mature job-seekers. According to the recruitment consultants, many New Zealand managers requesting staff from agencies prefer younger employees, especially for front-line roles such as reception and customer service. Mature female workers are often perceived as being less flexible, less technically skilled, less adaptable and less physically attractive. The study illustrated how extensively redundancy affected the lives of the participating women, and showed that middle-aged female clerical workers are particularly disadvantaged by redundancy, often finding it very difficult to gain reemployment suited to their skills.

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TABLE OF CONTENTS

	Page
Abstract	ü
Acknowledgements	iii
Table of Contents	iv

PART ONE	: INTRODUCTION AND LITERATURE RE	EVIEW
Chapter One:	Introduction	1
	Background of the Study	1
	Statement of Problem and Significance of the Study	3
Chapter Two:	Work and Unemployment	5
	The Importance of Work	5
	The Effects of Unemployment	7
Chapter Three:	Ageism Within the Workplace	13
	The Older Worker	13
	Technical Training	15
	Recruitment Agencies	17
	Reemployment	20
	Positive Attributes of Older Workers	21
Chapter Four:	Sexism and Older Women in the Workforce	23
	Sexual Stereotyping of Jobs	25
	Physical Attractiveness	26
	Positive Attributes of Women Workers	27
	Existing Studies on Women and Redundancy	28
Chapter Five:	Qualitative Research	33
	Grounded Theory	35
	Grounded Theory in the Present Study	38
	Evaluating Qualitative Research	39
Chapter Six:	The Present Study	43
	Participants	44
	Procedure	50
	Data Analysis Using Grounded Theory	52
	Grounded Theory Coding in the Present Study	56

PART TWO: FINDINGS: DESCRIPTION AND ANALYSIS

Chapter Seven:	The Redundancy Process		
	Conceptual Model of the Redundancy Experience		
	The Redundancy	60	
	Emotional Responses	61	
	Physical Responses	65	
	Intellectual Responses	66	
	Exacerbating Factors	67	
	Alleviating Factors	71	
Chapter Eight:	Unemployment	75	
	Emotional Responses	75	
	Physical Responses	78	
	Intellectual Responses	79	
	Exacerbating Factors	80	
	Alleviating Factors	84	
Chapter Nine:	Job Search and Reemployment		
	Emotional Responses	87	
	Physical Responses	90	
	Intellectual Responses	91	
	Exacerbating Factors	94	
	Alleviating Factors	99	
Chapter Ten:	Recruitment Agencies	102	
	Temporary Work	102	
	Recruitment Agencies and Mature Women	104	
	Role Confusion	106	
	Conflicting Values	107	
	Negative Stereotype of Older Workers	109	
	Physical Presentation	110	
	Team Fit	110	

PART THREE: CONCLUSION

Chapter Eleven:	Discussion, Limitations, Suggestions and Recommendations	
	Findings in Terms of the Study's Aims	113
	The Experience of Mature Female Clerical Workers	113
	Recruitment Agencies	118
	Limitations of the Current Study	119
	Suggestions for Further Research	120
	Recommendations	121
References:		123

Appendices:	Appendix A:	Summary of Findings (Women)	135
	Appendix B:	Summary of Findings (Consultants)	140
	Appendix C:	Semi-Structured Interview Schedule (Women)	142
	Appendix D:	Recruitment Agency Interview Schedule	143
	Appendix E:	Consent Form	144
	Appendix F:	Participant Information Sheet (Women)	145
	Appendix G:	Participant Information Sheet (Consultants)	147
	Appendix H:	Newspaper Articles	149
	Appendix I:	'Advertisement'	150
	Appendix J:	Grounded Theory Codes	151