Copyright is owned by the Author of the thesis. Permission is given for a copy to be downloaded by an individual for the purpose of research and private study only. The thesis may not be reproduced elsewhere without the permission of the Author.

Belonging and Whakapapa:

The Closed Stranger Adoption of Māori Children into Pākehā Families

A thesis presented in partial fulfilment of the requirements for the degree of Master of Social Work

School of Health and Social Sciences

Massey University

Aotearoa New Zealand

Maria Haenga Collins 2011

Abstract

Between 1955 and 1985, approximately forty-five thousand closed stranger adoptions took place in Aotearoa New Zealand, with adoption directly affecting twenty-five per cent of the total population. A significant proportion of closed stranger adoptions involved children who could claim Māori ancestry through at least one of their birth parents. The majority of these Māori children were placed within Pākehā families.

This research explored the narratives of six self-identified Māori adults who were adopted into Pākehā families by way of closed stranger adoption. The study utilised a Māori-centred research approach, and a thematic narrative analysis of the participants' accounts was undertaken.

The study found that adoption is not a one off event, but is an on-going life experience. The multiple and complex ways the participants narrated their cross-cultural adoption experience reflected the diverse and contradictory narratives Māori adopted into Pākehā families navigate. The narratives clustered around the idea of 'walking between worlds', with two major themes of 'belonging' and 'whakapapa' emerging from the analysis process.

Participants told stories on a continuum between 'belonging' and 'not belonging' within their birth and adoptive families, and in Māori and non-Māori worlds. Specific to Māori in Aotearoa New Zealand is 'belonging' through whakapapa. Whakapapa is essential to a Māori identity and to whānau inclusion. This study found that without knowledge of whakapapa, Māori become socially and culturally invisible within te ao Māori.

In the telling of these narratives, participants have sought to repair the rupture in their lives when the dominant familial narrative of growing up in a birth family with a shared cultural heritage was not possible.

For Māori adopted into Pākehā families, their identities as Māori and as adopted people are inseparable.

Acknowledgements

I would like to acknowledge and thank the six amazingly brave and honest participants who took part in this study and who so generously gave of themselves. Thank you for trusting me with your stories. Without your stories this thesis, in this form, would not have been possible. Ngā mihi nui ki a koutou.

Thank you to the informants: Ann Nation, Donna Hall and Eddie Taihakurei Durie; for the generosity of your time and the sharing of your knowledge of adoption in Aotearoa New Zealand. Ngā mihi ki a koutou.

There are so many other people whose on-going support, interest, and generosity contributed to this study:

My supervisors, Professor Robyn Munford and Dr Allanah Ryan, your unwavering support and clear, concise, and timely feedback was much appreciated. Our meetings always left me challenged. I trusted you knew what you were doing and that gave me confidence in my times of doubt;

My cultural advisors and support, Aunty Francis (Rangihuna) and Aunty Maria (Viseur), you are both dynamic examples of wāhine toa. I have so much respect for both of you;

My academic peer support, Rachael Selby, your interest and commitment was invaluable. Thank you for organising times to meet and always encouraging me;

My friend, Dr Lesley Patterson, you have been a great friend and mentor to me. Thank you for getting me back into the writing saddle. I learnt so much from your wealth of knowledge;

My friends, Wendy, Heather, Gesine and Murray, for all the various ways you showed me love, provided practical support, and helped me to stay on top of my workload;

Ray McEnhill for graciously extending my leave from paid work – again, and again, and again! You're a great Team Leader;

Massey University, for the support of administrative staff and funding through the Graduate Research Fund and a Masterate Scholarship. Special thanks to the whānau o Te Rau Puawai, the financial and personal assistance provided made all the difference! Sarah, Whaea Val and Fee - thank you for your technical support and encouragement. I so enjoyed all our informal chats.

And lastly thank you to my four incredibly talented children who have always encouraged and inspired me, Kahurangi, 'Opeti, Phillip and Liletina. Ka nui te aroha ki a koutou.

Table of Contents

Abstract	ii
Acknowledgements	iii
Table of Contents	iv
Chapter One: Untold Stories	8
Introduction	8
Aims of the study	9
The research question	10
Locating myself	10
The participants	11
Thesis overview	11
Conclusion	12
Chapter Two: The Socio-Historical Context of Closed Stranger	Adoption in Aotearoa
New Zealand	13
Introduction	13
Closed stranger adoption in Aotearoa New Zealand	14
European settlement and social innovation	14
The moral context of adoption	16
The changing role of women	17
Rights of the adopted person	18
The Adult Information Act	18
Adoption and Māori	19
Traditional Māori adoptions	19
Assimilationist policies	20
Closed stranger adoption and Māori	21
Stigmatising of Māori	23
Matching for marginalisation	24
Race, ethnicity and a Māori identity	25
Māori ethnicity	25
Blood quantum	26
Māori renaissance	27
An authentic Māori identity	27
Whakapapa	28
Race and cross-cultural adoption	29
The trauma of adoption	30
Conclusion	31

Chapter Three: Gathering Narratives	32
Introduction	32
The conceptual framework: Māori-centred research with a kaupapa Māori u	ınderstanding33
My insider status	36
A narrative approach	37
Research design	38
Participant recruitment	38
The interview process and ethical considerations	39
The interview guide	41
Analysing the data	42
Conclusion	44
Chapter Four: The Participants	45
Introduction	45
Ana	45
Carole	46
Cordelia	47
Elizabeth	48
Kaare	49
Marion	50
Conclusion	51
Chapter Five: Belonging	52
Introduction	52
How you came to belong to us	53
The gratitude story - I was saved	55
The same yet different	58
Breaking out of the pretence	61
The physicality of belonging	63
Belonging through sight	63
Belonging through touch	65
Death and Dying	67
Navigating the unfamiliar	68
Navigating the taboo	69
I was remembered – there was a place waiting for me	71
Walking between worlds	72
Conclusion	72

Chapter Six: Whakapapa	74
Introduction	74
Stories of the unknown whakapapa	75
How the unknown has been navigated	77
Whakapapa Tauiwi	77
Stories of the known whakapapa	79
How the known has been navigated	79
My descendants take me	80
Claiming whakapapa for my children – to have what I never had	80
The politics of being Māori – 'a given right'	81
Spiritual connection - the ancestors with me	83
Conclusion	84
Chapter Seven: Listening to the Silenced	86
Introduction	86
The research reviewed	86
The historical and social context	87
Māori and closed stranger adoption	87
Summary of findings	88
The research processes	90
Future research and recommendations	91
Limitations of the study	92
My reflections	92
Concluding statement	93
Glossary	94
Appendices	96
List of References	103

Over the past fifty years, white adoptive parents, academics, psychiatrists and social workers have dominated the literature on transracial adoption. These "experts" have been the ones to tell the public – including adoptees – "what it's like" and "how we turn out" ... the voices of adult transracial adoptees remain largely unheard ... transracial adoption is fundamentally an isolating experience ... fear that expressing our opinions will estrange us from our white families, friends and colleagues. We have become accustomed to protecting our loved ones ... others of us have been silenced through assimilation into white environments, and only in middle age do we reach a point when we can acknowledge and heal from the pain of isolation and alienation (Oparah, Shin & Trenka, 2006, p. 1).