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# Defining local food in New Zealand A study in the Manawatu region

A thesis presented in partial fulfilment of the requirements for the degree of

Master of AgriCommerce

at Massey University, Manawatū, New Zealand.

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#### **Abstract**

Local food is an emerging consumer trend in countries such as the United Kingdom, United States, and Japan (Knight, 2013; Kim a & Nishiyama, 2008). However, the definition of local food varies by context, and from country to country (Kneafsey, 2010). Variation in the definitions of local food and in the attributes associated with local food may lead to disjunctions between intentions and outcomes of local food initiatives, and cause miscommunications among social actors (DeLind, 2011). In order to respond to growing demand for local food, it is important to understand how consumers define local food within different social and demographic contexts.

While there is a substantial body of literature on local food internationally, limited research has been undertaken in the context of New Zealand. For the purpose of analysing how consumers define and understand local food in New Zealand, an exploratory study was conducted using a quantitative method based on self-administered questionnaires. A sample of 240 food shoppers was taken by convenience sampling in the Manawatu region of New Zealand. Data collection took place in different locations, including supermarkets, a farmers' market, and public places in and around Palmerston North City. The data were processed and analysed using the SPSS statistical package.

This study identified that a majority of the respondents considered that local food may be defined both as food that was produced and sold in New Zealand, and as food that was produced and sold in a more geographically constricted area. It also highlighted that support for community was the most important attribute associated with local food. The study further found that many of the respondents bought what they considered as local food from supermarkets, yet at the same time identified that local food was associated with a food supply system that is alternative to the mainstream food supply systems. Additionally, the study demonstrated that household income had a limited relationship with consumers' perceptions of local food.

This study provides a basis for further research into understandings of local food in New Zealand. It is suggested that further studies be undertaken to improve communication among different social actors with respect to demand and supply of local food.

#### Acknowledgements

I sincerely thank my supervisors, Dr Elena Garnevska and Associate Professor Sarah McLaren, for their guidance, constructive feedback, and encouragements throughout the study. I am also grateful for various learning opportunities they gave me, including participations in national and international conferences.

My deep gratitude goes to other academic and administrative staff members of the Institute of Agriculture and Environment and the former Institute of Nutrition, Food and Human Health, who supported me in many different ways.

I would also like to express my appreciation to Dr Catherine Stevens from the Centre for Teaching and Learning as well as Dr Julia Rayner from Graduate Research Services for their inspiring suggestions and friendly support at several stages of my study.

I cannot thank my valuable respondents enough for generously donating their time and information for this research. Their kindness made me appreciate being a student in this town even more. The organisations and individuals who granted me permissions to implement the survey are also gratefully acknowledged.

I owe special thanks to Jill O'Sullivan and Christine Riddy from Plant to Plate Aotearoa, and my flatmate Maria José Solovera, who helped me with data collection. I am also grateful to my colleagues and friends at Massey University and in different parts of the world for sharing laughter and positive thoughts with me when I needed them most.

Finally, I thank my family for always believing in me. *Arigatou* with all of my heart.

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#### **List of Abbreviations**

AOC appellation d'origine contrôlée

CSA community-supported agriculture

DEFRA Department for Environment, Food and Rural Affairs of

the United Kingdom

ERS Economic Research Service

EU European Union GHG greenhouse gas

GMO genetically modified organism

MAFF Ministry of Agriculture, Forestry and Fisheries of Japan

PDO protected designation of origin PGI protected geographical indication

SFSC short food supply chain

UK United Kingdom
US United States

USDA Department of Agriculture of the United States