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SOCIAL SUPPORT IN LATER LIFE: The influence of retirement and marital status

A thesis presented in partial fulfilment for the requirements for the degree of Master of Science in Psychology

at Massey University, Palmerston North, New Zealand

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ABSTRACT

Title of Thesis: Social support in later life: The influence of retirement and

marital status

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The study explored the relationship between retirement and marital status and objective and subjective measures of social support. A secondary analysis was conducted on a sample of 6,662 men and women aged 55-70 years of age. Results of a series of 2-way ANOVAs revealed greater interaction with friends amongst retired individuals than those who were employed. Marital status was shown to be associated with interaction with family and levels of perceived social support. An interaction between retirement and marital status was also shown to influence levels of perceived social support. The results reveal that retirement and marital status have an individual and interaction effect on various measures of social support and indicate the importance of considering marital status when researching, educating and working with issues regarding retirement and social support.

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TABLE OF CONTENTS

Abstract	ii
Acknowledgements	iii
Table of Contents	iv
List of Tables and Figures	vi
Chapter I: Introduction	7
Statement of the problem	7
Aim of study	8
Chapter II: Background	10
Social Support	10
Defining social support	10
Measuring social support	10
The importance of social support	11
Theories of social support	13
The effect of different sources of support	14
Retirement Status	16
Defining retirement	16
Theoretical framework	17
The influence of retirement status on social support	18
Marital Status	20
The influence of marital status on social support	21
Chapter III: Research Design	24
Hypotheses	25
Method selection	25
Chapter IV: Method	28
Sample and Procedure	28
Measures	29
Independent variables	29
Dependent variables	30
Assumptions	30
Post-hoc tests	32
Chapter V:Results	34

Chapter VI: Discussion	
Summary of results	38
Explanation of findings	39
Limitations and future research	45
Theoretical and practical implications	48
Conclusions	50
Appendix A	
References	53

LIST OF TABLES AND FIGURES

1.	Analysis of variance for interaction with friends, interaction with family, social	
	provisions as a function of retirement status and marital status	.36
2.	The influence marital status has on interaction with family	.37
3.	The effect of marital and retirement status on Social Provision scores	37