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### Welcome Home?: New Zealanders' Experiences of Return Migration

A thesis

presented in partial fulfilment of the requirements for the degree of Master of Arts in Sociology

at

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**Tracey Lee Watkins** 

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### Abstract

There has been considerable public concern over the exodus of New Zealand citizens, with estimates of as many as one million New Zealanders living offshore. Consideration has been given to intentions of expatriates' to return to New Zealand and to what might draw them 'home'. There has been relatively little consideration, however, given to the approximately 24,000 New Zealanders who do return each year as Permanent and Long Term (PLT) arrivals, after 12 months or more overseas. Research that is available on the topic tends to focus on their recent return and, in particular, the experiences of PLT 'Overseas Experience' (OE): sojourners coming home from typically fewer than three years of residence outside of New Zealand. What is absent is a longer-term perspective that examines what becomes of the return migrant beyond the initial arrival period. What are the experiences of the extended PLT return migrants who I describe and define as New Zealanders returning from an 'extended Overseas Residence' (OR) of five or more years? This study seeks to redress these gaps and provide insights into the experiences of one of New Zealand's least considered migrant groups and specifically those returning from five or more years extended OR. Using a multi-phased, multiple methodology research design, including pre-interview questionnaires and exercises, in-depth semi-structured interviews and post-interview video exercises, this study explores their decision to return, the integration challenges upon re-entry, return migration outcomes and what can be learnt from these experiences. The results of the research reveal that those migrants who return to New Zealand from extended OR do so under different circumstances and at a different life-stage to OE sojourners and, as a consequence, have distinctive re-entry and reintegration experiences and outcomes that are often quite different to other migrants who arrive in New Zealand. These findings provide the basis for the development of the argument that these returnees are a distinct migrant group who have specific integration challenges and settlement needs. This thesis concludes that there are opportunities for the government, Auckland Council and other local authorities, corporate New Zealand and the country in general to facilitate and encourage positive return migration experiences and outcomes, and suggests future research to duly consider this migrant group.

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# **Table of Contents**

| Abst                    | ract  | ii  |  |  |
|-------------------------|---|-----|--|--|
| Ackr                    | nowledgements   | iii |  |  |
| Table of Contents       |   |     |  |  |
| List of Tables          |   |     |  |  |
| List of Figures         |   |     |  |  |
|                         |   |     |  |  |
| Chap                    | oter One: Introduction  | 1   |  |  |
| 1.1                     | Introduction  | 1   |  |  |
| 1.2                     | Research Objectives   | 3   |  |  |
| 1.3                     | Thesis Outline  | 4   |  |  |
|                         |   |     |  |  |
| Chapter Two: Background |   |     |  |  |
| 2.1                     | Introduction  | 6   |  |  |
| 2.2                     | My Personal Journey   |     |  |  |
| 2.3                     | New Zealand's Tradition of 'the Big Overseas Experience' (OE) |     |  |  |
| 2.4                     | New Zealand's Diaspora: Evidence of a Big Overseas Exodus?    |     |  |  |
| 2.5                     | Conclusion  | 13  |  |  |
|                         |   |     |  |  |
| Chap                    | oter Three: Literature review                                 | 14  |  |  |
| 3.1                     | Introduction  | 14  |  |  |
| 3.2                     | International Literature on Return Migration                  |     |  |  |
|                         | 3.2.1 Return Migrants: Who Comes Home and Why?                | 16  |  |  |
|                         | 3.2.2 Re-Entry: The Shock of Return Migration                 | 16  |  |  |
|                         | 3.2.3 Key Factors That Intensify Re-Entry Shock               | 18  |  |  |
|                         | 3.2.4 Beyond Re-Entry: Return Migration Outcomes              | 20  |  |  |

| 3.3 | New Zealand's Return Migration Literature |  |    |
|-----|---|--|----|
|     | 3.3.1                                     | New Zealand's Return Migrant Profiles                    | 23 |
|     | 3.3.2                                     | Re-Entry Experiences of New Zealand's Return Migrants    | 25 |
|     | 3.3.3                                     | Limitations of Existing Return Migration Research        | 28 |
|     | 3.3.4                                     | Potential Return Migrants: Expatriates and Return Intent | 30 |
| 3.5 | Conclusion                                |  | 36 |
|     |   |  |    |

#### Chapter Four: Methodology

| 4.1 | Introduction                               | 38 |
|-----|--|----|
| 4.2 | A Multi-Phased, Multi-Methodology Approach | 38 |
| 4.3 | Research Parameters and Sampling           | 41 |
| 4.4 | Profile of Participants                    | 44 |
| 4.5 | Conclusion                                 | 46 |

38

#### Findings

| Chapt | er Five   | : 'Coming home': The Decision To Return                     | 47 |
|-------|---|---|----|
| 5.1   | Introduction                                      |   |    |
| 5.2   | Return Migration: The Original Intention          |   |    |
| 5.3   | 5.3 The Call of Home: 'You'd Better Be Home Soon' |   | 51 |
|       | 5.3.1   | The Push: 'This Isn't Working Anymore'                      | 52 |
|       | 5.3.2   | The Pull: The Lure of Home                                  | 54 |
|       | 5.3.3   | Timing: Triggers and Windows of Opportunity                 | 58 |
|       | 5.3.4   | Not Without Reservations                                    | 61 |
| 5.4   | Hopes   | and Dreams for the Return                                   | 63 |
| 5.5   | Advan   | ce Preparations: A Blind Leap of Faith                      | 65 |
| 5.6   | Conclu  | usion and Comparison: The Return from Extended OR versus OE | 67 |

| Chapt | er Six:                                 | 'Touching Down': Arrival and Re-Entry                       | 68  |
|-------|---|---|-----|
| 6.1   | Introduction                            |   |     |
| 6.2   | The Return Arrival 'Extended Honeymoon' |   |     |
| 6.3   | The H                                   | oneymoon is Over: Re-Entry Shocks                           | 70  |
|       | 6.3.1                                   | Personal Challenges: The Loneliness of Re-Entry             | 72  |
|       | 6.3.2                                   | Practical Challenges: The Cost of Paradise                  | 78  |
|       | 6.3.3                                   | Professional Challenges: Re-Entering the Workforce          | 80  |
| 6.4   | lf at Fi                                | rst You Don't Succeed: 'Re-Re-Entry'                        | 85  |
| 6.5   | Finding                                 | g Their Feet: What Helped Participants through Re-Entry     | 86  |
| 6.6   | Conclu                                  | usion and Comparison: The Return from Extended OR versus OE | 89  |
|       |   |   |     |
| Chapt | er Seve                                 | en: 'Settling': Return Migration Outcomes and Wisdom        | 91  |
| 7.1   | Introdu                                 | uction  | 91  |
| 7.2   | Return                                  | Migration Outcomes:   | 92  |
|       | 7.2.1                                   | Labour Market Outcomes                                      | 92  |
|       | 7.2.2                                   | Economic Well-Being   | 94  |
|       | 7.2.3                                   | General Well-Being  | 96  |
|       | 7.2.4                                   | On Balance, a Positive Outcome                              | 99  |
|       | 7.2.5                                   | A Philosophical Perspective: Change Was Inevitable          |     |
|       |   | and Came at the Right Time                                  | 100 |
|       | 7.2.6                                   | Return Longevity: Settled and 'Here for Good'?              | 101 |
| 7.3   | Return                                  | Migrant Wisdom: 'Tips I Wish Someone Had Told Me'           | 103 |
|       | 7.3.1                                   | Personal Return Wisdom                                      | 104 |
|       | 7.3.2                                   | Practical Return Wisdom                                     | 108 |
|       | 7.3.3                                   | Professional Return Wisdom                                  | 109 |
|       | 7.3.4                                   | Return Migrant Wisdom Summary                               | 111 |
| 7.4   | Welco                                   | ming Return Migrants and Easing Their Transition            | 112 |
|       | 7.4.1                                   | Why The Country Should Care (More)                          | 112 |

|                            |                | 7.4.2    | What New Zealand Might Do to Help                              | 115 |
|----------------------------|----------------|----------|--|-----|
|                            | 7.5            | Conclu   | usion  | 118 |
|                            |                |          |  |     |
|                            | Chap           | ter Eigh | nt: Conclusion and Recommendations                             | 120 |
|                            | 8.1            | Introd   | uction   | 120 |
|                            | 8.2            | Summ     | nary of Findings   | 120 |
|                            | 8.3            | Limita   | tions  | 123 |
|                            | 8.4            | Future   | Research   | 124 |
|                            | 8.5            | Recor    | nmendations  | 124 |
|                            |                | 8.5.1    | Recognise and Welcome Return Migrants                          | 124 |
|                            |                | 8.5.2    | Foster Return Preparedness                                     | 125 |
|                            |                | 8.5.3    | Encourage Return Migration                                     | 126 |
|                            | 8.6            | Contri   | bution of This Study   | 128 |
|                            | 8.7 Conclusion |          |  | 129 |
|                            |                |          |  |     |
|                            | References     |          |  | 130 |
|                            |                |          |  |     |
|                            | Appe           | ndices   |  | 143 |
|                            | Apper          | ndix A:  | New Zealand's International Diaspora                           | 143 |
| Appendix B:                |                | ndix B:  | Information Sheet  | 144 |
|                            | Apper          | ndix C:  | Consent Form: Research Participation and Information Usage     | 146 |
|                            | Apper          | ndix D:  | Pre-Interview Questionnaire                                    | 147 |
| Appendix E:<br>Appendix F: |                | ndix E:  | Pre-Interview Exercise Worksheet                               | 150 |
|                            |                | ndix F:  | Interview Schedule   | 151 |
|                            | Apper          | ndix G:  | Post-Interview Video Exercise Instructions                     | 152 |
| Appendix H:                |                | ndix H:  | Confidentiality Consent Form                                   | 153 |
| Appendix I:                |                | ndix I:  | Participant Post-Interview Videos (see DVD sleeve, back cover) | 154 |

### **List of Tables**

| Table 4.1: | Key Characteristics of Participants | 45 |
|------------|-------------------------------------|----|
| Table 5.1: | Main Reasons for Return             | 54 |

## **List of Figures**

| Figure 2.1: | Expatriates as a Percentage of all Native-Born, OECD Countries       | 9   |
|-------------|--|-----|
| Figure 2.2: | Annual Permanent and Long-Term Migration Flows, 1947-2011            | 11  |
| Figure 2.3: | Permanent and Long-Term Migration, by Citizenship 1981-2011          | 12  |
| Figure 3.1: | W-Curve Theory   | 18  |
| Figure 3.2: | Rhinesmith's Ten Stages of Adjustment                                | 27  |
| Figure 3.3: | The New Zealand Return Sojourner Experience                          | 27  |
| Figure 3.4: | Factors Causing Attraction Away from/Attraction to New Zealand       | 31  |
| Figure 3.5: | Factors Causing Attraction Away from/Attraction to New Zealand,      |     |
|             | New Zealand Returners versus Overseas Stayers                        | 31  |
| Figure 7.1: | Still Images from Participants' Post-Interview Video Exercises       | 98  |
| Figure 7.2: | 'It's a Great Place to Bring Up Kids in the Great Outdoors'          | 105 |
| Figure 7.3: | 'It's Quiet Down Here'   | 106 |
| Figure 7.4: | 'Watch Out for Natives '   | 106 |
| Figure 7.5: | 'All of these Pressures and Challenges Can Split You Apart $\dots$ ' | 107 |
| Figure 7.6: | 'It's Expensive!'  | 108 |
| Figure 8.1: | The Return Migrant Experience of New Zealanders Coming Home          | •   |
|             | from Extended OR, compared to Sojourners                             | 122 |
| Figure 8.2  | Welcome  | 125 |
| Figure 8.3  | Wisdom   | 126 |
| Figure 8.4  | Expatriates Plans to Return to New Zealand, by Age                   | 127 |