Copyright is owned by the Author of the thesis. Permission is given for a copy to be downloaded by an individual for the purpose of research and private study only. The thesis may not be reproduced elsewhere without the permission of the Author.

The role of long-term diet change in the decline of the New Zealand sea lion population

A thesis presented in partial fulfilment of the requirements for the degree of

Master of Science in Conservation Biology

at Massey University, Manawatū, New Zealand.

Phoebe Stewart-Sinclair 2013

ABSTRACT

The New Zealand sea lion (Phocarctos hookeri) is an endangered pinniped endemic to New Zealand (Wilkinson, Burges et al. 2003). Declared "nationally critical" under the NZ threat classification system and "vulnerable in decline" by IUCN, they have shown a 49% decline in pup production since 1995 (Chilvers, Wilkinson et al. 2010). I investigated the role of long-term changes in diet on the population ecology of NZ sea lions. I was interested in the role played by long-term changes in diet into the observed decline of the sea lion population. My study is set apart from others in that it spans 13 years of routine sampling, and represents one of the longest timelines of diet data for any pinniped species. I used scat and regurgitate samples from New Zealand sea lions that were collected at the Auckland Islands between the summer of 1995/1996 and 2012/2013. I identified 11 main prey types from hard parts including otoliths, beaks and other diagnostic bones. In scats these main prey types were opalfish (Hemerocoetes spp.), rattail (Macrouridae), red cod (Pseudophycis bachus), octopus (Octopus sp.) and arrow squid (Ommastrephidae), Ling (Genypterus blacodes), smallscaled cod (Paranotothenia sp.), hoki (Macruronus novaezelandiae), triplefin (Tripterygiidae), fur seal (Arctocephalus forsteri) and giant octopus (Enteroctopus zealandicus). Main prey types found in regurgitates were similar but there was a higher proportion of cephalopods than in scat samples. When assessing long-term trends in occurrence of main prey species I found that smaller prey types such as opalfish and Octopus sp. have been increasing in the diet over time, while larger species hoki and giant octopus have been decreasing. The ratio of fish:cephalopods in NZ sea lion diet has also been decreasing with time, possibly indicating an overall reduction in diet quality. I used catch per unit effort as a proxy for prey availability in the environment and compared this to frequency of occurrence (%FO) of main prey types over time. The best models for functional response by sea lions to increased prey availability were those that incorporated random variation among years, suggesting that abundance of prey species is not the only variable affecting intake of prey by NZ sea lions. Resource competition or habitat destruction imposed by fisheries could restrict intake by sea lions, or force prey shifts to species not commercially harvested. Lastly, I investigated age-related survival and breeding probability of NZ sea lions with reference to the amount of main prey species in the diet over time. Models were run to test the relationship between each prey type, and breeding and survival probabilities over time. Survival probability is best explained by the null model, indicating that survival is not significantly affected by the amount of any one prey type in the diet. Smallscaled cod and hoki have the best predictive capacity after the null; hoki was correlated with an increase in survival for all age groups, while smallscaled cod predicted an increase in survival for all age classes except individuals over 15 years. In contrast, breeding probability is better explained by the amount of hoki and ling in the diet than by the null model. Consequently, the estimated finite rate of increase (λ) of the sea lion population rises with increased hoki in the diet. λ was estimated to be < 1 (population decline) under observed conditions (hoki found in 0-15% of scats depending on year), but λ was extrapolated to become >1 (population increase) if hoki were sufficiently abundant to be found in 35% of scats, a level that may have been reached historically (pre 1988). Similarly, λ was extrapolated to become > 1 if ling was found in > 30% of scats. The greater effect of prey types on breeding over survival makes biological sense when resources may be limiting population growth. Adult female NZ sea lions limited by prey availability may have enough food to survive but may choose not to invest in energetically expensive breeding. This would buffer the observed effect on survival since we would re-sight individuals that are alive but perhaps not in body condition to breed. If valuable prey stocks like ling and hoki continue to decline in the diet we could also see a significant impact on survival. Hoki has begun to recover but stock levels are still low in the Auckland Islands' region (MPI 2013).

ACKNOWLEDGEMENTS

Firstly, I would like to thank my main supervisor Dr Laureline Meynier for giving me the opportunity to do my Masters on the New Zealand sea lion and for her unfailing help whenever I needed it. Sharing an office with her was (almost) never a trial and I am so grateful for her help and support throughout this research. I cannot express my gratitude for her hours spent double-checking messy samples and identifying damaged hard parts I had given up as hopeless. Lastly, I will be forever grateful for her uncensored writing advice and prehistoric editing style, without which I fear this body of work, would follow no logical pattern.

I would also like to thank Prof Doug Armstrong, my co-supervisor, for his tireless patience for my endless questions; and long hours spent re-hashing minutiae in the mysterious realm of biostatistical modelling. Forever my biggest cheerleader and a good friend, I am always spurred on by his faith in me.

This project was sponsored by the Massey University Masterate Scholarship for which I am very grateful. Scat and regurgitate samples were collected with the help of many people over many years, usually associated with the Department of Conservation or Massey University, without whom I could not have done this research.

I would like to acknowledge (and thank) Dr Jim Roberts at NIWA for his contribution to my research using catch per unit effort as a proxy for prey availability. I also could not have done without our lengthy chats, numerous beers and his endless enthusiasm. I am grateful to Dr Simon Childerhouse for his contribution to my analysis of long term trends in diet, by providing comparable data to expand my timeframe. I wish to thank the lab staff on Level 6 of the Institute of Veterinary, Animal and Biomedical sciences (IVABS) for providing a supportive working environment, making space in the lab for me and politely not commenting on the smell. I would also like to acknowledge the contributions of Dr. Daryl MacKenzie for the tag-resight and breeding information he provided for my chapter on diet impacts on survival and breeding in NZ sea lions.

Thanks must also be given to my friends and family, who put up with me throughout the duration of this project, pretending to be interested in indecipherable graphs and providing timely comfort-foods when I was feeling frustrated. Big thanks to Stephen, Sarah, Jess, and Amie whom I could safely whinge to without feeling pathetic.

I wish to thank the charismatic and inspiring Sir David Attenborough, who brought the wonders of the world to the homes of millions, and showed me how beautiful, how miraculous and how infinitely interesting the natural world can be. His childlike wonder and unbiased narrative will forever be the voice in my head.

I am grateful to my parents and grandparents, who instilled in me a respect for nature and a love of the sea. I dedicate this work to my Pa, who never could stand fishing shows, who taught me to think for myself and to always be gentle and kind. Also to my Nana Sinclair, who went swimming in the sea every day and taught me to pay attention to the natural world. Finally, to the New Zealand sea lion who I hope will continue on, for no good reason but for their own intrinsic value.

Table of Contents

ΑE	STRAC	Т	1			
AC	KNOW	LEDGEMENTS	3			
Lis	t of Ta	bles	8			
List of Figures						
1.	СНА	PTER 1	10			
	1.1	GENERAL INTRODUCTION	11			
	1.2	BACKGROUND NZ SEA LIONS	11			
	1.3	DIETARY METHODS: A BRIEF REVIEW	14			
	1.3.3	1 Hard prey analysis	14			
	1.3.2	2 Stable isotope analysis	16			
	1.3.3	B Fatty acid analysis	17			
	1.4	THE DIET OF NZ SEA LIONS	18			
	1.4.3	1 Auckland Islands - Summer	18			
	1.4.2	2 Auckland Islands - autumn	19			
	1.4.3	3 Auckland Islands - Winter	21			
	1.4.4	4 Otago Peninsula	21			
	1.5	CONCLUSIONS	22			
	1.6	OUTLINE OF THE THESIS	22			
2.	СНА	PTER 2	24			
	2.1	INTRODUCTION	25			
	2.2	METHODS	26			
	2.2.2	Study site and Sample collection	26			
	2.2.2	2 Sample processing	27			
	2.2.3	Sample identification	28			
	2.2.4	Data Analysis	29			
	2.2.5	5 Statistical Analyses	30			
	2.3	RESULTS	32			
	2.3.2	Sample distribution	32			
	2.3.2	2 Scat sample analysis	33			
	2.3.3	Regurgitate sample analysis	42			
	2.4	DISCUSSION	45			
	2.4.2	Potential biases and limitations	45			
	2.4.2	2 Scat versus regurgitate samples	46			

	2.4.3	Comparison with historical studies	47
	2.4.4	Feeding ecology	47
	2.4.5	Interannual variation in diet	49
:	2.5 COI	NCLUSION	50
3.	CHAPTE	R 3	51
:	3.1 INT	RODUCTION	52
:	3.2 ME	THODS	53
	3.2.1	Study site and Sample collection – as in chap 2	54
	3.2.2	Sample processing— as in chap 2	54
	3.2.3	Sample identification – as in chap 2	54
	3.2.4	Data analysis	54
	3.2.5	Statistical Analyses	55
:	3.3 RES	ULTS	57
	3.3.1	Long-term trends	57
	3.3.2	CPUE vs FO correlations	60
	3.3.3	Functional response	61
:	3.4 DIS	CUSSION	65
	3.4.1	Limitations/assumptions	65
	3.4.2	Long term trends	65
	3.4.3	Functional response to changes in prey density	68
:	3.5 COI	NCLUSION	68
	3.5.1	Further studies	69
4.	CHAPTE	R 4	70
4	4.1 INT	RODUCTION	71
4	4.2 ME	THODS	73
	4.2.1	Study site and data collection	73
	4.2.2	Scat sample processing— as in chap 2	73
	4.2.3	Scat sample identification – as in chap 2	73
	4.2.4	Data analysis	74
4	4.3 RES	ULTS	76
	4.3.1	Overall model comparison	76
	4.3.2	Finite rate of increase	77
	4.3.3	Survival probability	77
	4.3.4	Breeding probability	77

	4.4	DISCUSSION	81
	4.4.	1 Limitations	81
	4.4.2	2 Diet impacts on survival and breeding	82
	4.4.3	3 Conclusions	84
	4.4.4	4 Recommendations	84
5	СНА	PTER 5	86
	5.1	Limitations	87
	5.2	Diet composition over 13 years at Enderby Island	88
	5.3	Long-term trends in the diet and functional response to changes in prey availability	89
	5.4	Effects of diet on survival and breeding for female NZ sea lions	90
	5.5	Conclusions and recommendations	91
R	EFEREN	CES	92
Α	PPENDI	CES	99
	Appen	dix 3-1:	99
	Scat	models	99
	Appen	dix 4-1:	102
	Part	1	102
	Part	2	102
	Appen	dix 4-2:	103
	Surv	vival model	103
	Appen	dix 4-3:	105
	Bree	eding Model	105
	Appen	dix 4-4	106
	Appen	dix 4-5	110
	Foot	tnote 1	112
	Foot	tnote 2	112

List of Tables

Table 1-1: Pros and cons from Meynier (2009) of the main methods used to examine the diet of marine	
mammals1	5
Table 2-1: Number of New Zealand sea lion scat and regurgitate samples with identifiable prey collected from	
Sandy Bay (SB) and South East Point (SEP) and other sites on Enderby Island3:	2
Table 2-2: Overall percentage frequency of occurrence (FO), relative occurrence (RO), relative abundance (RA),	,
and index of importance (IIMP) of prey identified in New Zealand sea lion scats	1
Table 2-3: Primary prey (≥10% frequency of occurrence for any year) of NZ sea lions at Enderby Island, ranked	
by percentage relative occurrence (RO), relative abundance (RA), and index of importance (IIMP)3	5
Table 2-4: Analysis of similarity (ANOSIM) for diet composition of New Zealand sea lion scats between years	
3	3
Table 2-5: Pairwise tests between years showing significant differences in diet composition of scats from	
SIMPER analysis, significance is indicated by p < 0.05.	9
Table 2-6: Overall percentage frequency of occurrence (FO), relative occurrence (RO), relative abundance (RA)	,
and index of importance (IIMP) of prey identified in New Zealand sea lion regurgitates4	3
Table 2-7: Primary prey in regurgitates (≥10% frequency of occurrence for any collection) of NZ sea lions on	
Enderby Island, ranked by percentage relative occurrence (RO), relative abundance (RA), and index of	
importance (IIMP)44	4
Table 3-1: Number of NZ sea lion scat and regurgitate samples collected on Enderby Island from 1994/1995 to	
2012/2013. Samples collected on islands other than Enderby Island were excluded5	7
Table 3-2: Model comparison showing four models fitted to probability of observing a prey type in a NZ sea	
lion scat sample from 1995-201364	4
Table 4-1: Model comparison of influence of main prey types on survival and breeding probability of NZ sea	
lions from 1998 to 201070	5

List of Figures

Figure 2-1: Auckland Islands' main breeding areas for NZ sea lions are in Sandy Bay on Enderby Island, Dundas
Island and Figure of Eight Island in Carnley Harbour27
Figure 2-2: Species accumulation curves of the number of prey types identified in NZ sea lion scats collected at
Enderby Island (1999/2000 - 2012/2013)
Figure 3-1: Percentage frequency of occurrence of main prey of NZ sea lions found in scats from 1995 to 2013
59
Figure 3-2: Ratio of occurrence (FO) of fish: cephalopods in scats of NZ sea lions over time. Samples were
collected at Enderby Island from 1995 to 201360
Figure 3-3: Percentage frequency of occurrence of main prey species of NZ sea lions found in scats from 1995
to 2012 and catch per unit effort from 1979 to 201261
Figure 3-4: Two most parsimonious models of functional response by NZ sea lions to changes in abundance of
prey species in scat samples
Figure 4-1: Finite rate of increase (λ) of the NZ sea lion population as calculated with reference to significant
models hoki, smallscaled cod and ling78
Figure 4-2: Relationship between occurrence of prey types in the diet and annual survival of female NZ sea
lions; A) < 1 year old, B) 1-3 years old, C) 4 – 14 years old and D) > 15 years old79
Figure 4-3: Relationship between occurrence of prey types in the diet and breeding probability of female NZ
sea lions; A) 4 – 14 years old and B) > 15 years old