Copyright is owned by the Author of the thesis. Permission is given for a copy to be downloaded by an individual for the purpose of research and private study only. The thesis may not be reproduced elsewhere without the permission of the Author.

Women's Experiences of their Partner's Attendance at a Men For Non Violence Programme:

Their Stories and a Discourse Analysis

A thesis presented in partial fulfilment
of the requirements for the degree of
Master of Arts in Psychology
at
Massey University

Frances Towsey

1996

Abstract

This study aims to report and analyse the texts of interviews with eleven women participants as they talk about their experience of their relationships during and after their partners' attendance at a Men For Non Violence (MFNV) programme. The women's partners, from whom they subsequently separated, had attended a MFNV programme while they were living together. Firstly, the women's stories of their private experience are summarised to provide new knowledges of the problem and in turn to be constitutive of a developing public understanding. Secondly, the commonalities in the women's experience, particularly in relation to the MFNV programme, are presented. Finally, a discourse analysis of the transcribed interviews illuminates the socially available linguistic resources used in common by the women in constituting their experiences and selves, with the effects and implications of these being discussed.

The majority of the women reported temporary reductions in physical violence with associated increased levels of psychological violence from the time their partners attended a MFNV programme, which supports existing findings. The discourses available to and drawn on by the women reproduce and perpetuate men's non responsibility for their violence and maintain responsibility for women to end the violence, thereby reinforcing an ideology of male dominance.

Acknowledgements

I want to thank the following people whose contribution enabled me to complete this thesis:

The eleven women who were willing to participate in this research. They not only gave very generously their time but also shared themselves with openness and courage in the hope that other women might benefit from their participation. Without their co-operation this thesis would not have been possible.

Mandy Morgan, my supervisor, for the safety and encouragement she provided. Mandy guided me through the process of this research, provoked me to think and gave me confidence in my work.

Keith Tuffin who introduced me to discourse analysis and who also read a draft of this study and provided useful comments.

Paul, my partner, for his constant support and belief in me and our sons Danny and Joseph for their tolerance when I was always on the(ir) computer and for the many things they have all done which have enabled me to focus on this project.

My friends - in particular Jan, Toos and Rewi for their practical and moral support.

TABLE OF CONTENTS

Abstract	11
Acknowledgements	iii
Table of Contents	iv
Tables	vii
CHAPTER ONE: Introduction	1
Background	1
Introduction	2
Definition	3
Incidence and prevalence	4
Theoretical approach	5
Interventions	9
Interventions in New Zealand	11
Evaluations of men's programmes: Issues of reliability, validity and utility	12
Evaluation outcomes	14
Telling women's stories	17
Purpose of the present study	18
Thesis organisation	19
CHAPTER TWO: Method	20
Epistemology	20
Methodology	
My position	23
Telling the women's stories	24
	25
Discourse analysis	25
Participant recruitment	
The participants	29 30
IIILEI VIEWS	30

Ethical considerations	33
Conclusion	34
CHAPTER THREE: The Women's Stories	35
Eve	35
Jan	41
Jenny	45
Kris	49
Lil	55
Liz	62
Lyn	67
Sue	72
Tania	77
Val	81
Zoe	87
CHAPTER FOUR: Women's Views of MFNV Programmes	92
Demographics	92
Women's hope and hopes	94
Physical violence	95
Psychological violence	97
Women's suggestions	100
Conclusion	103
	100
CHAPTER FIVE: Discourse analysis: the women	104
The 'oppression' discourse	105
The 'motherhood' discourse	111
The 'strength' discourse	118
The 'psychology' discourse	124
The 'in love' discourse	128
Conclusion	130

CHAPTER SIX: Discourse analysis: the men	132
The 'naturally aggressive man' discourse	132
The 'dependent child' discourse	136
The 'developmental' discourse	140
The 'good father' construction	145
Conclusion	146
CHARTER SEVEN, Hadras	148
CHAPTER SEVEN: Hedges	
Conclusion	151
CHAPTER EIGHT: Discussion	152
Women's Views of MFNV Programmes	152
Conclusion	155
Discourse analysis	155
Limitations of present study and Further research	159
Conclusion	160
APPENDICES: A: Information Sheet	161
B: Schedule of Questions	162
C: Consent Form	164
D: Transcription Notation	165
REFERENCES	166

TABLES

Table 1	Number of programmes completed and not completed by year	93
Table 2	Men's programme completion in relation to referral source	93
Table 3	Physical violence: number of women for whom it stopped or reduced, permanently or temporarily	95
Table 4	Number of MFNV programmes completed for permanent and temporary reduction / stopping of physical violence	97