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The courage to speak

How investigative journalists persuade reluctant whistleblowers to tell their stories

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Abstract

Investigative journalism is often said to be based on two pillars of information gathering – documents and human sources. Yet while document retrieval and analysis have received much attention in recent years, particularly with the advent of computer-assisted reporting and Freedom of Information legislation, remarkably little attention has been given in the journalistic literature to best practice for developing and maintaining sources, especially reluctant, vulnerable sources with high-risk information. This thesis uses a case study approach to analyse four high-profile examples of New Zealand investigative journalism based on revelation by vulnerable and reluctant human sources. Using interviews with both the sources and the journalists who persuaded them to speak out, it draws on persuasion and social psychology theory to explain the decision-making process of the whistleblowers and establish a model of best practice for journalists wishing to persuade reluctant, vulnerable people to speak out safely and effectively.

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Attestation of authorship

I hereby declare that this submission is my own work and that, to the best of my knowledge and belief, it contains no material previously published or written by another person, nor material which to a substantial extent has been accepted for the award of any other degree of diploma of a university or other institution of higher learning, except where due acknowledgement is made in the acknowledgements.

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