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## Tukia: Mā te hē ka tika

# Māori social workers' experiences of the collision of their personal, professional and cultural worlds

A thesis presented in partial fulfilment of the requirements for the degree of Master of Social Work

at

Te Kunenga ki Pūrehuroa (Massey University, Manawatū), Aotearoa (New Zealand).

> Andrea (Ange) Makere Watson 2017

## Karakia Timatanga

Whakataka te hau ki te uru Whakataka te hau ki te tonga Kia mākinakina ki uta Kia mātaratara ki tai E hī ake ana te atākura He tio he huka he hau hū Tihei Mauri ora



(Photograph taken at Kairau Marae, Waitara by the author on 23<sup>rd</sup> February 2017)

#### Te Oha/Dedication

Ki ōku mātua, Raymond Waerenga Watson rāua ko Judith Anne Watson (nee Macdonald). Ngā mihi aroha ki a kōrua. Ko kōrua tōku pou, tōku whakapapa, tōku awhi rito, tōku aroha, tōku ngākau. Nei rā āu e whakatapua tēnei tuhinga whakapae ki ā kōrua mā. Ki tōku ūkaipō ara te mareikura ō tōku whānau - te wāhine aniwaniwa. Nāu i ākonatia ē āu i ngā rā ō mua tae noa ki ēnei rā e pā ana ki tāku haerenga i runga i tō tātou nei whenua. Ki tōku pāpā - i hōki mai ki tōu hau kainga mō ō rā whakamutunga. Nei rā ngā mihi hūmārie nāu i whakarereanoatia tā tāua nei hononga. He haerenga tino whakaora māku. I mate tōku pāpā i waenganui i tāku tuhinga whakapae, nō reira moe mai i raro i te manaakitanga ō tō tātou nei kaihanga tae noa ki te wā tutaki tāua i ā tāua. He tika me tukuna ngā mihi aroha ki ā kōrua ōku mātua. Nei rā tāu tamāhine e noho hūmarie. Nōku te honore mō ake tōnu atu. He aroha kore mutunga mō kōrua ōku mātua.

This thesis is dedicated to my beautiful parents. To my mother – the pou of the whānau – the rainbow lady, who has taught me so much and continues to teach me on my life's journey. To my father, who returned and reconnected to the whānau fold for the last part of his journey and taught me about forgiveness, letting go, and unconditional love - it has been a joyous healing journey! My father passed away as the thesis came to an end. I thank you both for the gift of life that you gave me, the lessons I have learned, and the whānau you created. Here I stand as your daughter forever humbled. My aroha for you both is endless.

#### He Kupu Mihi/Acknowledgements

He maha rawa atu ngā tangata i awhinatia i tautokotia i manaakitia e āu i roto i tēnei tuhinga whakapae. Nā reira kia kōutou katoa kāhore he kupu tāku. Kō te mea tuatahi, he mihi aroha ki te Atua, nanā te timatanga me te whakamutunga o ngā mea katoa. Ki ōku tūpuna ē tuwheratia ē ngā kuaha ki te ao wairua hei korowai aroha māku tēna kōutou. Ki ōku whānau ara āku tamāhine nā kōrua e manaakitia i āku mahi i runga i te rorohiko me tāku papa wetereo. Ki ōku tuakana e awhina mai ā waha ā tāringa mai i Waikato tae atu ki Tamaki Makau Rau. Ki tāku iramutu – mō tōu tautoko ē pā ana ki ngā tikanga me ngā kawa ō tātou nei taonga. Otirā ki ōku whānau whanui ngā mihi rawa atu. Ki āku mokopuna Noah Isaiah Te Koha Pounamu me Riley Te Otukapuarangi, me kōutou ngā mokopuna i te wā heke mai. Kō te mea nui kō tōu whanau. Ko tōu whanau te tūāpapa o te mea aroha. Nā te aroha ō taua whanau ka tū pakari ia tangata ia rā ahakoa ngā wero i puta mai.

There are many to acknowledge for providing support on this journey. First and foremost, Atua, my tūpuna and my whānau who provide me with unconditional love and support, and honest critique.

Ngā mihi mahana ki ngā kaimahi o tēnei rangahau. Ki ā koutou mā te toko whitu me kī tēna koutou kātoa mō ōu mahi i roto i tēnei rangahau. Thank you to the seven kaimahi who were part of this research - for your dedicated time and energy for this project, and sharing the taonga of what was for most a difficult and challenging kaupapa. Your knowledge and expertise on the kaupapa of collision has been awesome and I thank all seven of you for the sharing of your 'selves' and the gift of ngā kupu taonga which will help other kaimahi experiencing collision in their lives.

Ki ngā kaiarahi o tēnei tuhinga whakapai – Ko Pou Michael rauā ko Pou Awhina, he mihi nunui mō ōu tautoko me ōu awhina ki te kaupapa. I feel very blessed to have been guided by two very experienced supervisors – Dr Michael Dale and Dr Awhina English. This journey has been awesome with the two of you at my side and I appreciate all that you both have done to support the journey.

The Massey University School of Social Work and Massey University Practice Research and Professional Development Hub have supported me in numerous ways; answering my questions about the thesis journey, providing opportunities to discuss the thesis progress, the loaning of books, assisting with computer challenges (thank you Nancy and Sheryl), and the practical support of utilising and loaning of resources. I am grateful and thankful to Pou Kieran, Pou Robyn and all my colleagues on the 7<sup>th</sup> floor for the manaaki and tautoko.

I was lucky enough to secure two scholarships and an award on this journey. I have much gratitude and appreciation for the contributions from Massey Māori Masterate Scholarship, Pūrehuroa Award, and Massey Extramural Student Society (EXMSS) Bicultural Achievement Scholarship. These contributions helped the journey immensely.

Finally, ka nui te mihi aroha ki a Pāpā Bam (Ihaka Noble) for the kōrero around Tukia and assisting with the naming of this thesis, Tukia: Mā te hē ka tika. As you stated Bam, "Take the bull by the horns and go into the tukia".

Kia tau te rangimārie me tāku aroha i runga i ā koutou mā e awhinatia e āu i runga i tēnei momo haerenga.

### "Kōtahi te kākā kā whāti, ētāhi ngā kākā kia kore ē whati"

If it was just one seed it would break but with many seeds i.e. everyone's input, it cannot break and will hold strong.

#### Tuhinga Whakarāpopotanga/Abstract

Reamer (2013a) states that the most difficult ethical dilemmas happen for social workers when their personal and professional worlds conflict. Māori social workers (kaimahi) often live and work in the same area as their whānau, hapū and iwi and there is a high chance that members of their whānau will come through the organisation that they work for. This is when kaimahi will experience a collision (tukia) of their personal, professional and cultural worlds. It is the domain where the three different systems have to interact – a professional system, a whānau system, and a cultural system.

This research study interviewed seven kaimahi who had experienced tukia and explored their encounter of tukia. Kaupapa Māori underpins this research, and pūrakau has been utilised to connect the research to Māori worldviews, however the research framework is guided by the Pā Harakeke. Pā Harakeke is often used as a metaphor for whānau and a model for protection of children, whānau structure and well-being. The harakeke sits well in this research as the focus is on the well-being of kaimahi Māori – caring for the carers, helping the helpers and healing the healers. Hence the kaimahi represents the rito (baby centre shoot) of the harakeke, needing nurture, help and support.

A key finding from this study reveals that collision is a complex area that requires careful navigation by the kaimahi experiencing the collision, as well as the organisation that the kaimahi works for. It is imperative that social workers and managers discuss and plan for collision as opposed to waiting until it happens, and organisations should have policies and protocols in place for working with whānau. This research has also developed a definition and construction of what collision is in the social services and kaimahi have imparted words of wisdom (Ngā Kupu Taonga) so that others experiencing collision may find a way forward. These include: Take care of the 'self', get good support from whānau and mahi, talk about the hard stuff, get good supervision, come back to reality and smell the manuka (be grounded), and the collision can ultimately be a growth experience that will have a positive impact on kaimahi practice.

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