Copyright is owned by the Author of the thesis. Permission is given for a copy to be downloaded by an individual for the purpose of research and private study only. The thesis may not be reproduced elsewhere without the permission of the Author.

Bullying in Secondary Schools A Discursive Approach

A thesis presented in partial fulfilment of the requirements for the degree of

Master of Science In Psychology

at Massey University, Palmerston North, New Zealand

> Anne Beryl Ryan 2008

Abstract

This study attempts to transcend the narrow boundaries imposed on mainstream research into bullying by its adherence to a modernist discourse of individualism. The theoretical framework for this research argues that a modernist focus has both limited our understanding of the phenomenon and contributed to its continued occurrence. An approach that is underpinned by the ontological and epistemological assumptions of a social constructionist paradigm offers the potential for a broader and more encompassing analysis of this formidable social issue. Language is taken as a critical focus of attention because of its pervasiveness in social interaction. Discourse is understood as actively constructing the experience and meaning of bullying. Furthermore, a consideration of the power relationships embedded within discourse is an essential feature of this approach.

The study involved interviewing 24 senior students from a small provincial New Zealand secondary school to discuss a range of issues surrounding bullying. These interviews were taped and transcribed and a discourse analysis was carried out to gain an understanding of how students talk constructed bullying. Discourses were identified that constructed bullying as *disparity*, as *irrelevant*, as a consequence of *difference*, as a form of *discipline*, and as *inevitable*. The construction of bullying as *disparity* was seen to struggle against the other prevailing educational discourses that together functioned to maintain the status quo of power relationships in the educational institution. It is suggested that the acceptance of such 'common sense' constructions of bullying are effectively sustaining the pervasiveness of bullying in schools today.

Acknowledgements

This research would not have been possible without the generous contribution by a number of people of their time, patience and expertise. I would like to thank the 24 students of River Valley High who never ceased to amaze me with their openness, honesty and insightful reflections on bullying. Also to the Principal and staff of the school who were so supportive and co-operative during the research process. Special thanks must also go to my supervisor Mandy Morgan who consistently encouraged and mentored this very long journey.

In particular I am indebted to my children Tahuora, Hohepa, Ryan, Shayne, Connor and Caitlin and my partner Richard who have patiently endured my preoccupation with this project.

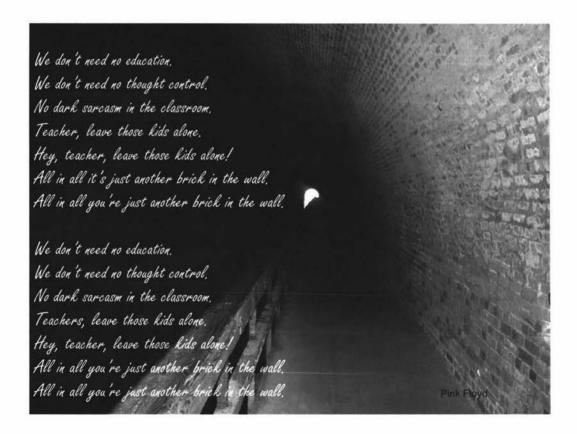


Table of Contents

Abstract	ii
Acknowledgements	iii
PART 1: The Resear	ch
Introduction	2
CHAPTER ONE Literature Review	5
Background	5
Definition and perceptions	7
Incidence	10
Effects	17
Features of bullying	19
Characteristics of bullies and victims	20
Bystanders	23
Disclosure	23
Special types of bullying	24
Intervention programmes	27
Critique of traditional research	33
Qualitative research	35
Conclusion	38
CHAPTER TWO Theoretical Framework	40
Social constructionism	41
Discourse analysis	45
Foucault and power	49
Problems, debates and dilemmas	51
Conclusion	53

CHAPTER THREE Methods	54		
Setting the scene	54		
Background for a project on bullying	55		
The researcher	57		
The participants (co-researchers) Ethical and safety Issues Procedure			
		Reflection on data collection	63
		Analysis	64
Conclusion	65		
PART 11: The	Analysis		
Introduction	68		
CHAPTER FOUR Bullying as Disparity	70		
Disparity in size and age	70		
Disparity in social networks			
Academic and sporting disparities			
Disparity as resistance			
CHAPTER FIVE Bullying as Irrelevant	78		
Sense of humour	78		
Unintentional	81		
Minimal impact	83		
The construction of bullying as irrelevant	85		
CHAPTER SIX Differences	87		
Identification of difference	87		
Acceptance	91		
Homogeneity	94		
Differences and normalisation			

CHAPTER SEVEN	Discipline Must Prevail	97
Lack of discipline		98
Punishment		99
Weakness		101
Justification		104
The importance of dis	scipline	106
CHAPTER EIGHT	Bullying is Inevitable	107
Intervention as dange	rous	107
Telling as pointless		109
Response as useless		111
The inevitability of b	ullying	113
Conclusion		114
	APPENDICES	
Appendix A: Letter t	o the principal	120
Appendix B: Informa	ation sheet	122
Appendix C: Particip	pant consent form	126
Appendix D: Intervie	ew schedule	127
Appendix E: Confide	entiality agreement	129
Appendix F: Transcr	iption key	130
Appendix G: Author	ity for the release of tape transcripts	131
References		132