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Parental resistance: Mobile and transitory discourses A discursive analysis of parental resistance towards medical treatment for a seriously ill child

A thesis presented in fulfilment of the requirements for the degree of Doctor of Philosophy in Nursing

at

Massey University

Palmerston North

New Zealand

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January 2007

Abstract

This qualitative thesis uses discourse analysis to examine parental resistance towards medical treatment of critically ill children. It is an investigation of the 'mobile and transitory' discourses at play in instances of resistance between parents, physicians and nurses within health care institutions, and an examination of the consequences of resistance through providing alternative ways of perceiving and therefore understanding these disagreements.

The philosophical perspectives, methodology and methods used in this thesis are underpinned by selected ideas taken from the works of Michel Foucault and Pierre Bourdieu and supported by relevant literature in the fields of media, law, children, parenting, caring, serious childhood illness, medicine and nursing. The thesis obtains information from a variety of texts that includes established literature (such as medical, sociological, legal, academic and philosophical), newspaper articles, radio or television interviews, internet sources, court reports and proceedings, legal experts and other commentators – and 15 interview based texts, where the focus is on analyses of narratives of parents, doctors and nurses.

In the texts gathered for this thesis, there are noticeable differences between the personal experience discourses of parents, the 'in-between' discourses of nurses, and the disciplined discourses of physicians. This thesis brings these discourses into conversation with each other suggesting that parental resistance does not occur because of an infrequent and unusual set of circumstances where a few socially isolated and/or 'difficult' parents disagree with the treatment desires of paediatric physicians. Instead, it is argued that from an examination of interview based texts, parental resistance is an omnipresent but transitory occurrence that affects many of the interactions between the parents of seriously ill children and clinical staff. It is maintained that within these interactions, the seeds of this resistance are sown in both critical decision making situations and in everyday occurrences between doctors, nurses and parents within healthcare institutions. Contributing factors to parental resistance include the use of power games by staff, the language of medicine, forms of symbolic violence, the presence or absence of trust between parents and medical staff, the effects of medical habitus, and challenges to the parental role and identity.

Overall, it is proposed in this thesis that parents who resist treatment for their seriously ill child are not exceptions to the normative patient-physician relationship. Instead an analysis of their discourses and practices is able to illuminate the complex interactions between patients and medical conventions. It is therefore possible to see parents who resist medical advice not as peripheral to the medical encounter but as examples of how patient-physician relationships come to be codified, constructed and crafted through everyday discourses and practices within health care settings.

Acknowledgements

I have lived with this research project for a considerable number of years of my life; and (to misquote W.H. Auden) it has been my morning, my noon and my midnight for a good deal of that time. Yet, as I now reflect on those years, I am mindful of those who supported me in its production.

I wish to thank my wife Helen, who has steadfastly supported my efforts in preparing this thesis from its inception to the very end. Her support and encouragement during those inevitable times of self doubt and uncertainty has enabled me to press on regardless. I also wish to thank Michael and Julia, my two remaining children at home, who gracefully accepted the frequent periods of distractedness and occasional bouts of grumpiness that went with such an enterprise.

I extend my deepest gratitude to the research participants. Their willingness to contribute their time and energies into the interviews for this thesis has made it a much stronger and authentic piece of work. Without them, the entire project would not have been possible. I wish to make particular mention of 'Mary', who provided such a thoughtful and moving first interview that I was greatly encouraged to see the project through.

I would like to pay homage to my supervisors, Professor Julie Boddy and Doctor Suzanne Phibbs, who put in a tremendous number of hours over the years as the thesis was painstakingly constructed, deconstructed and reassembled again. Suzanne never faltered or complained as she diligently read and re-read page after page of my frequently clumsy and meandering ramblings; she provided an endless stream of thoughtful and expert commentary that has significantly enhanced the whole thesis. Julie has helped me to stay on course throughout the years, and supported me when times were difficult. I respect her many efforts to help me to modify my sometimes whimsical and ponderous writing style, and appreciate the calm and straightforward way that she convinced me to tone down some of my wilder flights of fancy within the thesis.

I offer my thanks a number of others who have all contributed to the development of this thesis in various ways. To Professor Megan-Jane Johnstone, I extend my appreciation of her interest and timely advice in the early stages of the research. My thanks also to Ken Benn who, with about two weeks to go, boldly volunteered to help me sort out the incredible mess that I had made formatting my thesis. I am grateful to other friends and colleagues who are too many to name individually. Their confidences in my abilities and encouraging words have meant a great deal to me over the years.

Finally, and certainly not least, I would like to thank the School of Health Sciences, Massey University for supporting the cost of my studies each year, and the Nursing Educational and Research Fund (NERF), without whose generous grant I could not have done this research.

Dedication

This thesis is dedicated to the memory of
David Woods
(b. 11 February 1947; d. 23 February 1947)

"Oh, little body, do not die.
You hold the soul that talks to me
Although our conversation be
As wordless as the windy sky"
(Excerpt from *A Child Ill* by
John Betjeman, 1964/2006).

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