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Mapping Resilience: The Influence of Race, Class and Gender

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...A lasting tribute to Jack would be for all of us to thank and acknowledge, quietly in private and thoughtfully in public, those who sustain us.

Ann Speirs

(Letter to the Otago Daily Daily Times, 20 July 2000).

I love this letter's sentiments. It says it all to me about the study of resilience and the people I have been involved with during my work. So, thank you Ann Speirs who I do not know, my supervisors Nick Zepke and Marg Gilling who I know rather well, the six case study participants who allowed me the privilege of working with you, my colleagues at the Dunedin College of Education, and all the others who I have talked at, about resilience. Thank you also to those of you who have assisted in the proof reading, editing and word processing process.

DEDICATION

To Beryl - the real sustainer.

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ABSTRACT

This study focuses on the interpretations of resilience by a number of adult learners in a bilingual teaching programme. The adult learners were enrolled in a College of Education programme and were in their second or third year of training. The relationship of resilience with race, class and gender was explored.

The theoretical tradition of resilience is rooted in research that examines the way that children and adolescents survive in the face of sometimes, severe adversity. Resilience is infrequently used to describe the way that adults cope with challenging or unexpected life events. Less well explored, is the way in which adults themselves interpret resilience processes and consequently negotiate risks and have good outcomes.

This inquiry, designed as a qualitative case study of six participants in a bilingual teaching class and informed by a social constructivist/critical theory perspective, was guided by the following research question: How do race, class and gender impact upon the individual's resiliency?

The case study records include in-depth interviews, documentation records and informal conversation.

The study found that a number of factors impacted upon the individuals' resiliency. However, these factors could be said to be present among all of the population. Individual differences are just as likely to be present in the study of resilience as in any other sociological study. Specific factors included the impact of whānau, the strength the case study participants drew from their children, the assertiveness developed from 'classism' seen to be present within New Zealand society, the finding of one's heritage, the development of Kōhanga and the need to provide a service for others.

How society uses power (power over, or power with) was seen as an important societal factor in the development of resilience.