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**A national review of current centrally funded
treatment options for antisocial behaviours in
New Zealand youth.**

‘Where Do They Go?’

**A thesis presented in partial fulfilment of the requirements of
the Masters in Public Policy at Massey University, Albany,
New Zealand.**

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Abstract

Treatment of antisocial behaviour in adolescents is a matter for debate in this country. Many of the methods used historically, such as residential care, in general appear to be unsuccessful and have not helped the steady increase in numbers needing treatment. A paradigm shift away from the benefits of residential care and institutionalising is evident with the emergence of more family/community-based models of treatment.

Maori and Pacific youth statistically are over-represented in this group of young people. Is this reflected in the type of treatment programmes available and is this client group being catered for culturally? This thesis looks at the options currently available nationally for the treatment of antisocial behaviours in youth. Where do they go, and what happens when they get there?

New Zealand studies of treatment options currently available and their effectiveness are rare. This thesis interviews treatment providers nationally then discusses the themes and policy implications in focus groups in Auckland, Wellington and Christchurch. It is clearly shown that this group of young people are dealt with by a large number of sectors and organisations, often with a lack of a co-ordinated approach.

Taking a phenomenological approach to the inquiry, the investigation utilised participant observation, semi-structured interviews and focus groups. The research is significant as it adds to research on 'intervention' in this field in Aotearoa New Zealand.

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Table of Contents

Abstract.....	i
Acknowledgements	ii
Table of Contents	iv
Glossary	viii
Chapter One.....	1
Introduction.....	1
Thesis Overview	1
Focus of the Inquiry	2
Structure of the Thesis	2
Positioning Myself in the Study.....	3
Definitions.....	5
Youth.....	5
Antisocial Behaviour.....	6
Summary	9
Chapter Two.....	10
Theoretical Perspectives	10
Introduction.....	10
Risk Factors	10
Individual.....	10
Family	11
Environmental	11
Parenting Style.....	11
School	11
Life Events	11
Community.....	11
Ethnicity.....	12
Maori	12
Pacific Island	16
Pakeha.....	18
History of Youth Justice in New Zealand	20
Treatment Theory.....	22
12-Step Recovery	22
Te Whare Tapa Wha.....	23
Multisystemic Therapy	25
Multidimensional Treatment Foster Care	28
Functional Family Therapy	29
Treatment Options.....	32
Family Group Conferences	32
Residential Services.....	35
Family Homes	36

Youth Forensic Services	37
Youth Horizons Trust	38
The Wraparound Service	39
The Youth Drug Court	42
Epuni Severe Conduct Disorder Programme	44
Te Hurihanga – Youth Residential Programme	45
Summary	47
Chapter Three	48
Methodology	48
Data Triangulation	49
Methods and Analysis	50
Participant Observation	50
Key Informant Interviews	50
Choosing Key Informants	51
Focus Groups	54
Data Analysis	55
Ethical Procedures	56
Piloting	58
Pilot Interview One	58
Pilot Interview Two	59
Fine Tuning Interviews	60
Analysis of Questions and Data Collected from Pilots	61
Focus Group Pilot	62
Analysis of Pilot Focus Group	62
Chapter Four	64
Findings	64
Introduction	64
Programmes Interviewed	64
Te Waireka	64
Ronga Atea	65
Community Approaches	67
Intensive Clinical Services, Hutt Valley Health	68
Mirror Youth Day Programme	70
Youth Culture and Development	72
Te Kaupapa te Whakaora	74
Themes from Interviews	76
Staffing	76
Culture and Ethnicity	79
Education	83
Whanau/Family	87
Theory	90
Funding	93
Research	96
Summary	98
Focus Groups	98
Staffing	99

Culture and Ethnicity	105
Education	110
Whanau/Family	115
Theory	118
Funding	119
Research	121
Summary	123
Chapter Five	124
Conclusion	124
Discussion	124
Staff	124
Education	124
Culture and Ethnicity	125
Whanau/Family	125
Funding	126
Theory	126
Research	127
Limitations	127
Future Research	127
Policy Implications and Recommendations	128
All Sectors	128
Child Youth and Family Services	128
Ministry of Health	129
Ministry of Education	129
Department of Corrections	129
Te Puni Kokiri	130
Ministry of Pacific Island Affairs	130
Police	130
Ministry of Justice	130
Work and Income New Zealand	130
Conclusion	131
Appendices	132
Appendix I: Formal Documentation	133
Ethics Application	133
Participant Information Sheet	146
Confidentiality Agreement (Interviews)	148
Confidentiality Agreement (Focus Groups)	149
Transcriber's Agreement	150
Consent Form	151
Individual Interview Schedule	152
Focus Group Interview Schedule	153
Appendix II - Individual Interview Schedule Revision One	154
Appendix III: Individual Interview Schedule - Revision Two	156
Appendix IV: Focus Group Interview Schedule - Revision One	158

Appendix V: Focus group Interview Schedule - Revision Two	160
References	163

Glossary

A&D	Alcohol and Drug
ADHD	Attention Deficit Hyperactivity Disorder
CAMS	Child and Adolescent Mental Health Services
CDHB	Canterbury District Health Board
CD	Conduct Disorder
CYFS	Department of Child Youth and Family Services
DOC	Department of Corrections
DBD	Disruptive Behaviour Disorders
DHB	District Health Board
FFT	Functional Family Therapy
FGC	Family Group Conference
MOE	Ministry of Education
MOH	Ministry of Health
MOJ	Ministry of Justice
MST	Multi Systemic Therapy
MTFC	Multidimensional Treatment Foster Care
NA	Narcotics Anonymous
NGO	Non-Governmental Organisation
NZQA	New Zealand Qualification Authority
ODD	Oppositional Defiant Disorder
RYOP	Reducing Youth Offending Programme
SCD	Severe Conduct Disorder
TAM	Therapist Adherence Measure
TPK	Te Puni Kokiri
YHT	Youth Horizons Trust
YDC	Youth Drug Court
YJC	Youth Justice Co-ordinator