

Copyright is owned by the Author of the thesis. Permission is given for a copy to be downloaded by an individual for the purpose of research and private study only. The thesis may not be reproduced elsewhere without the permission of the Author.

**The *Eimeria* species affecting brown
kiwi; host-parasite interactions and
conservation implications**

*A thesis presented in partial fulfilment of the requirements for
the degree of*

Master of Science

in

Conservation Biology

at Massey University, Manawatu, New Zealand

Harry Stewart Taylor

2017

Unless someone like you cares a whole awful lot,

Nothing is going to get better. It's not.

- The Lorax, Dr Seuss

To Dez,

Kwa heri, rafiki. Safari salama.

(Good bye, my friend. Safe journey.)

Abstract

Brown kiwi (*Apteryx mantelli*) are a threatened flightless nocturnal ratite endemic to New Zealand. The conservation of this species currently utilises a recovery programme known as 'Operation Nest Egg' (ONE) to increase numbers of brown kiwi in the wild. However, ONE results in a high density of immunologically naïve kiwi being housed in semi-captive conditions with the potential to result in significant morbidity, and occasionally mortality, from coccidiosis caused by multiple species of *Eimeria*. The aim of this research was to describe any circadian variation in oocyst shedding occurring for the *Eimeria* spp. affecting brown kiwi. Dropping samples were collected from brown kiwi at an ONE site using video surveillance to determine the time of excrement. Oocyst counts were carried out on these droppings and analysed in relation to the time of excrement and the days since the most recent toltrazuril application. The results show that two of the *Eimeria* spp. affecting brown kiwi exhibit circadian variation in oocysts shedding. Oocyst counts for each of the one hour time slots starting at 3am, 4am, 5am and 6am were significantly ($p < 0.05$) higher than each of the time slots starting at 8pm, 9pm, 10pm and 11pm. This indicates that peak oocyst shedding occurs between 3am and 7am, with few or no oocysts shed between 8pm and 12pm. The results also suggest high prevalence and abundance of *Eimeria* spp. oocysts in the droppings, with 91% of samples from during peak shedding being positive for *Eimeria* spp., despite recent toltrazuril administration. These findings have several important implications for the conservation of brown kiwi. The reported circadian variation may affect the accuracy of coccidia testing and provides insight into the evolution of this adaptive trait in coccidia. The apparent lack of efficacy of toltrazuril may have management implications and requires further research. The results of this research increase our understanding of the biology of the *Eimeria* spp. affecting brown kiwi. Continuing to improve our understanding of host-parasite interactions is vital to enable effective disease management in order to reduce the detrimental impact of coccidia on

ONE and ensure the ongoing success and sustainability of this important conservation programme.

Preface

This thesis consists of four chapters, including a literature review (Chapter One) and a General Discussion (Chapter Four). The experimental chapters are presented in the style of publishable papers. Chapter Two has been published in *Parasitology Research* (with minor modifications to that presented here), and Chapter Three will be published in the future. These papers have been amended to cite additional information in the appendices, including standard operating procedures and detailed results. In addition the reference lists have been combined into a single reference list and is presented at the end of the thesis. Citations and the reference list follow the APA 6th edition format. As each paper stands alone, there is some repetition between chapters.

Authorship of Chapters

I was the primary author on all work in this thesis, including the published and submitted papers. Dr Kerri Morgan was my chief supervisor and Professor Bill Pomroy and Kate McInnes were co-supervisors.

Acknowledgements

This thesis would not have been possible without the help and support of several people. I would like to thank all my supervisors for their support and guidance; in particular my chief supervisor, Dr Kerri Morgan, for the many hours of help squeezed into a busy schedule. Both my co-supervisors, Professor Bill Pomroy and Kate McInnes, provided plenty of guidance and advice throughout this process. Professor Nicolas Lopez-Villalobos was incredibly helpful with the statistical analysis for this research. Barbara Adlington and Anne Tunnicliffe provided priceless support with the laboratory work. The kiwi team at the research site contributed ideas and allowed me access to their ONE facility – without this the research could not have occurred. My parents, Jane and Stewart, along with Maggie, for their usual unrelenting support and encouragement. Finally, my unreserved thanks to Michelle - without your support this never would have happened.

Funding Acknowledgements

This research was funded through the Birds of New Zealand Research Fund, Ornithological Society of New Zealand; the Marion Cunningham Memorial Fund, Wildlife Society of the New Zealand Veterinary Association; the Institute of Veterinary, Animal and Biomedical Sciences postgraduate research fund, Massey University; and the Massey University Foundation.

Permitting and Animal Ethics Requirements

This research did not involve manipulation of live animals, thus Massey University Animal Ethics approval was not required.

As the collection of samples did not involve disturbance of kiwi a Department of Conservation permit was not required.

Table of Contents

Abstract.....	i
Preface	iii
Acknowledgements.....	v
Table of Contents	vii
List of Figures	xi
List of Tables.....	xi
List of Appendices	xi
Introduction	xiii
Chapter One: Literature Review	1
1.1. Kiwi.....	1
1.1.1. Operation Nest Egg	1
1.2. Coccidia	2
1.2.1. Coccidiosis	4
1.2.2. <i>Eimeria</i> spp.....	5
1.3. Coccidia in kiwi.....	6
1.3.1. Coccidia and ONE	8
1.3.2. Species of coccidia affecting kiwi	9
1.3.3. Implications for wild kiwi populations	11
1.3.4. Current management of coccidiosis in kiwi	12
1.4. Toltrazuril	12
1.4.1. Mechanism of action.....	12
1.4.2. Toltrazuril use in avian species	13
1.4.3. Toltrazuril use in kiwi	15
1.4.4. Toltrazuril use for extra-intestinal coccidiosis	15
1.5. Diurnal periodicity of oocyst shedding in birds.....	16
1.5.1. Findings of previous research	17
1.5.1.1. Circadian variation in oocyst shedding in <i>Eimeria</i> spp.....	21
1.5.1.2. Circadian variation in oocyst shedding in <i>Isospora</i> spp.	22
1.5.1.3. Circadian variation in oocyst shedding for nocturnal host species	26

1.5.2. Adaptive reasons for circadian variation of oocyst shedding	27
1.5.2.1. Increased ingestion hypothesis.....	28
1.5.2.2. Decreased desiccation hypothesis.....	29
1.5.2.3. Combination of both hypotheses	30
1.5.3. Possible triggering mechanisms for oocyst shedding	30
1.5.4. Implications of diurnal periodicity of oocyst shedding.....	33
1.6. Methodology.....	35
1.6.1. Sample collection method	35
1.6.1. Oocyst counting technique	36
1.6.2. Specific considerations for investigating circadian variation in oocyst shedding.....	41
1.7. Conclusion.....	43
Chapter Two: The circadian variation of oocyst shedding of <i>Eimeria</i> spp. affecting brown kiwi (<i>Apteryx mantelli</i>)	47
2.1. Abstract.....	47
2.2. Introduction	48
2.3. Method	49
2.3.1. Study Design.....	49
2.3.2. Parasitology.....	50
2.4. Statistical Analysis.....	51
2.5. Results and Discussion	51
2.5.1. Management Implications	53
2.5.2. Evolution of circadian variation in oocyst shedding	53
2.6. Conclusion.....	55
2.7. Acknowledgements.....	56
Chapter Three: The apparent lack of efficacy of toltrazuril against the <i>Eimeria</i> species affecting brown kiwi (<i>Apteryx mantelli</i>).....	59
3.1. Abstract.....	59
3.2. Introduction	60
3.3. Materials and methods.....	61
3.4. Results.....	62
3.5. Discussion.....	63
3.6. Acknowledgements.....	68

Chapter Four: General Discussion.....	71
4.1. Circadian variation in oocyst shedding	71
4.1.1. Management implications for kiwi	71
4.1.2. The evolution of circadian variation in oocyst shedding	72
4.1.3. Oocyst shedding triggers.....	75
4.2. Species of <i>Eimeria</i> affecting brown kiwi	76
4.2.1. Management implications	77
4.3. Toltrazuril	79
Conclusion.....	83
Reference List.....	87
Appendices.....	95

List of Figures

Figure 1 - Least square means of Log₂-transformed oocyst counts for each one hour time slot for two species of *Eimeria* affecting brown kiwi at the research site. The bars show standard errors. The day time slot includes all samples collected between 08.00 and 20.00. 55

List of Tables

Table 1 A summary of the results of previous research on the circadian variation in oocyst shedding for several species of coccidia affecting various avian host species. 19

Table 2 A summary of previous methods used to investigate and describe the circadian variation in oocyst shedding for species of coccidia affecting various avian host species. 37

Table 3 Characteristics (diagnostic performance and technical performance) and main limitations of different copromicroscopic techniques used for the diagnosis of protozoan infections. Modified and used with permission from Cringoli et al. (2017). 40

Table 4 A summary of the results for dropping sample collection and subsequent oocyst counts for each brown kiwi (*A. mantelli*) sampled at the research site 54

Table 5 Summary of oocyst count results for samples collected from four brown kiwi (*A. mantelli*) during peak shedding time (0300-0700) at the research site. 67

List of Appendices

Appendix 1 Standard Operating Procedure Sample Collection Method 95

Appendix 2 Standard Operating Procedure Oocysts Counting Method 98

Appendix 3 Standardised result recording form 100

Appendix 4 Results of dropping oocyst counts, species presence, exact time of excrement and days since toltrazuril administration for each sampling date for individual kiwi. 101

Appendix 5 Summary of all oocyst count results, grouped by hour, in relation to time of excrement, date and days since toltrazuril administration 107

Introduction

The brown kiwi (*Apteryx mantelli*) is a flightless nocturnal avian species endemic to New Zealand and is classified as at risk and in decline (Robertson et al., 2017). Intensive management is carried out by the Department of Conservation (DOC) and community conservation groups to ensure the species has some hope of surviving on mainland New Zealand. The current management and recovery of brown kiwi relies heavily on a captive rearing programme, “Operation Nest Egg” (ONE), and over 200 kiwi are raised in this way each year (Colbourne et al., 2005; Holzapfel et al., 2008). The ONE programme involves removing wild kiwi eggs or young chicks from the nest, hatching any eggs in captivity, raising the chick to a specified age or weight (under either captive or semi-captive conditions) and releasing them back into the wild (Colbourne et al., 2005; Holzapfel et al., 2008). The purpose of ONE is to ensure the main threats to kiwi are mitigated by keeping them in captivity during their most vulnerable life stages (Bassett, 2012; Colbourne et al., 2005). Juveniles are typically released back in to the wild at approximately one kilogram of weight, usually around 4-6 months of age, at which time they are considered big enough to avoid being killed by their main predator, the stoat (*Mustela erminea*) (Bassett, 2012; Colbourne et al., 2005; JA. McLennan, Dew, Miles, Gillingham, & Waiwai, 2004). This captive rearing programme is an important tool for the conservation of kiwi and achieves significant outcomes such as raising the survival to adult-hood from 5% for wild-born kiwi to 65% for ONE kiwi (Colbourne et al., 2005). However this intensive rearing relies on housing immunologically-undeveloped juvenile kiwi at high density with high turnover rates, which may result in pathogen build up (Morgan, Alley, Pomroy, Castro, & Howe, 2012; Morgan et al., 2013; Morgan et al., 2014). One of the most prevalent and limiting diseases influencing the successful rearing of ONE kiwi is coccidiosis (Morgan et al., 2012), and coccidia have been described by Doneley (2006) as the most important gastrointestinal parasite of captive kiwi. Currently little information is available on many aspects of coccidiosis in kiwi (Morgan, 2013) making the management of this

important disease a challenge for kiwi managers. Coccidiosis is estimated to cost the worldwide poultry industry \$3 billion annually, and with this economical driver a vast array of research has been conducted on coccidia species affecting domestic chickens (*Gallus gallus*) (Dalloul & Lillehoj, 2006; McDougald, 2003; Peek & Landman, 2011). At present this information is extrapolated to kiwi in order to make management decisions (Morgan, 2013). However, the accuracy of this is unknown and it is vital that our understanding of both the biology of the coccidia species affecting kiwi, as well as the host-parasite interactions, are better understood.

An important interaction that occurs in many other avian coccidia infections is the variable shedding of coccidial oocysts throughout a 24-hour period, known as circadian variation in oocyst shedding. This phenomenon has been described in many different bird species for various species of coccidia (Boughton, 1933; Coelho et al., 2013; Lopez, Figuerola, & Soriguer, 2007; Martinaud, Billaudelle, & Moreau, 2009; Misof, 2004). When present, this variable oocyst shedding pattern limits the accuracy of parasite burden testing via oocyst counts on droppings and if it is not accounted for then the results of such testing are unreliable and may be misleading (Coelho et al., 2013; Filipiak, Mathieu, & Moreau, 2009; Misof, 2004). At present, it is unknown whether circadian variation of oocyst shedding occurs in kiwi, meaning management decisions based on oocyst counts on kiwi droppings may be flawed. The following thesis, and the research therein, seeks to investigate and define any oocyst shedding pattern that may occur in brown kiwi to allow better management of this iconic species. Further to this, the presence and prevalence of different *Eimeria* spp. at the research site is discussed, as is the use of toltrazuril to treat coccidiosis in kiwi.