

Copyright is owned by the Author of the thesis. Permission is given for a copy to be downloaded by an individual for the purpose of research and private study only. The thesis may not be reproduced elsewhere without the permission of the Author.

**Including the excluded: Exploring perspectives of preventing
disciplinary exclusion from school from the lived experience
of students**

A thesis presented in partial fulfilment of the requirements for the degree of
Master of Arts

in

Education

at Massey University, Palmerston North
New Zealand

Leanne Katherine Romana

2017

Abstract

Disciplinary exclusion from school is experienced by some of the most vulnerable young people, and the challenges of preventing it are well documented. The literature on preventing disciplinary exclusion has primarily focused on positive alternatives to it, however there have been no studies in New Zealand that explore the prevention of disciplinary exclusion from the perspective of those with lived experience of it. This research aims to contribute to this gap in the knowledge base about what could work to prevent disciplinary exclusion.

The study focuses on 14 young people from around New Zealand who have experienced disciplinary exclusion. Using a qualitative research design and a preventative approach to establish what could work to prevent disciplinary exclusion, data was collected via focus group interviews with young people attending Youth Guarantee Fees-Free programmesⁱ to obtain their perspectives.

Using thematic analysis, participants' lived experiences of disciplinary exclusion were captured through three emergent themes – school factors, classroom factors and personal factors. Themes were interpreted to explore how participants experienced disciplinary exclusion, and how these experiences informed the emergence of insightful possibilities – possibilities for preventing the disciplinary exclusion of other students from schools.

The implications of the findings are discussed in relation to the changes and improvements required to prevent disciplinary exclusion. It is proposed that 'including the excluded' may reveal to us potential avenues for further inquiry.

Acknowledgements

First, I would like to express my gratitude to the young people who gave generously to this study with their time and the insights they shared, both with me and with one another. I would also like to acknowledge the Youth Guarantee Fees-Free providers who worked alongside me to bring together the young people who participated in this study. And thank you to those community groups who provided safe spaces for me to meet with participants and conduct the focus group interviews. I am extremely grateful to you all.

Second, I thank my two supervisors, Vijaya Dharan and Tony Carusi, for their diligence, encouragement and unwavering support over the past two years. I am grateful to you both for the time and energy you gave to my research efforts, for the laughs, and for the invaluable knowledge you both imparted to me.

Third, I express my gratitude to others within the Institute of Education at Massey University who frequently went above and beyond to support me in my study endeavours.

Finally, I would like to thank my partner, my children and my parents for their endless patience and support during my time as a student. It has been a challenging journey and I would not have been able to complete my research without you all.

Table of Contents

Abstract.....	i
Acknowledgements.....	ii
Table of Contents.....	iii
List of figures.....	iv
Chapter One: Introduction.....	1
1.0 Introduction	1
1.1 Disciplinary exclusion.....	1
1.2 Preventing disciplinary exclusion.....	2
1.3 Researcher's position.....	3
1.4 Conclusion.....	3
Chapter Two: Literature Review	5
2.0 Introduction	5
2.1 Inclusion, exclusion and disciplinary exclusion	5
2.1.1 Social inclusion and inclusion in school	6
2.1.2 Social exclusion and exclusion from school	7
2.1.3 Disciplinary exclusion.....	9
2.2 Legislative context of disciplinary exclusion	10
2.2.1 International context of disciplinary exclusion.....	10
2.2.2 Legislative context of disciplinary exclusion in NZ.....	12
2.2.3 Summary	15
2.4 Disciplinary exclusion: The demographics	15
2.4.1 Who experiences disciplinary exclusion?	16
2.4.2 Non-compliance resulting in disciplinary exclusion.....	17
2.4.3 Issues of data validity and accuracy.....	18
2.4.4 Summary	18

2.5 Impacts of disciplinary exclusion	19
2.5.1 The intent and effectiveness of disciplinary exclusion	19
2.5.2 Psychosocial impacts of disciplinary exclusion	20
2.5.3. Educational impacts of disciplinary exclusion.....	21
2.5.4 Family impacts of disciplinary exclusion.....	22
2.5.5 Conclusion	23
2.6 Preventing disciplinary exclusion: Some alternatives.....	23
2.6.1 Guidelines for disciplinary exclusion.....	24
2.6.2 Pre-service teacher training.....	24
2.6.3 Behaviour crisis response service	25
2.6.4 Home-schooling	25
2.6.5 School-wide Positive Behaviour for Learning	25
2.6.6 Restorative practices.....	26
2.6.7 Managed moves.....	26
2.6.8 Alternative education	27
2.6.9 Improved relationships between teachers, students and their families	27
2.6.10 Engaging and invigorating curriculum	28
2.6.11 Student voice	28
2.6.12 Summary	29
2.7 Limitations of disciplinary exclusion	29
2.9 Rationale for this study	30
2.10 Research questions	30
2.11 Conclusion.....	31
Chapter Three: Methodology	32
3.0 Introduction	32
3.1 Methodology.....	32
3.1.1 Social constructionism	32

3.1.2 Qualitative research.....	33
3.1.3 Interpretivism and phenomenology	33
3.2 Methods	35
3.2.1 Focus group interviews	35
3.2.2 Participants	36
3.2.3 Data collection	38
3.2.4 Data analysis	39
3.3 Ethical and cross-cultural considerations	40
3.4 Conclusion.....	42
Chapter Four: Findings.....	43
4.0 Introduction	43
4.1 Reflections on factors that contributed to their exclusion from school.....	43
4.1.1 Theme 1: Reflections on personal factors	43
4.1.2 Reflections on classroom factors	52
4.1.3 Reflections on school factors	59
4.2 Summary	67
Chapter Five: Discussion	69
5.0 Introduction	69
5.1 Insights into possibilities	69
5.1.1 Possibilities for school culture and systems	70
5.1.2 Possibilities for classrooms, teachers and pedagogy.....	77
5.1.4 Conclusions	80
5.2 Implications of findings	80
5.2.1 Implications for schools.	81
5.2.2 Implications for teachers and pedagogy.....	81
5.2.3 The complexities involved in preventing disciplinary exclusions.	82
5.2.4 Conclusions	82

5.3 Future directions.....	83
5.4 Limitations.....	84
Chapter Six: Conclusion	86
References	87
Appendix 1: Focus Group Outline	109
Appendix 2: Demographic Information Questionnaire	110
Appendix 3: Focus Group Questioning Route.....	111
Appendix 4: Ethics approval.....	112
Appendix 5: Participant Informed Consent	114
Appendix 6: Participant Confidentiality Agreement.....	115
Appendix 7: Participant Information Sheet	116
Appendix 8: Support Person Confidentiality Agreement.....	121
Appendix 9: Youth Guarantee Provider Information Sheet.....	122
Appendix 10: Youth Guarantee Provider Confidentiality Agreement	127
Appendix 11: Transcriber Confidentiality Agreement	128
Appendix 12: Example of thematic analysis coding process	129
Endnotes	130

List of figures

Figure 1. New Zealand stand-downs, suspensions, exclusions and expulsions, 2011-2015

2