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**He Taonga Tuku Iho
Te Whakarite Kaupapa Mō Ngā Māra Kai Tuturu
Living Indigenous Heritage: Planning for Māori Gardens**

**A thesis presented in partial fulfilment of the requirements
for the degree of**

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Tuhinga Whakarāpopoto - Abstract

This study was guided by kaupapa Māori principles and was therefore grounded in a tangata whenua research framework 'This means it must stem from a Māori worldview, be based in Māori epistemology and incorporate Māori concepts, knowledge, skill, experiences, attitudes, processes, practices, customs, reo, values and beliefs' (Bevan-Brown, 1998, p. 231). Kaupapa Māori research must also aim to contribute to positive outcomes for Māori. Therefore this research sought to examine how planning can contribute to the revival of Māori food gardens as part of New Zealand's indigenous living heritage.

The research method included interviews with participants from Te Tai Tokerau, Tāmaki Makaurau, Kirikiriroa, Whakatāne, Kawerau, Te Teko, Matata, Rotorua, Te Matau-a-Māui, Papaioea, Whanganui and Te Upoko-o-te-ika-a-Māui. Analysis of planning documents, heritage reports and academic literature also took place to gather data.

The findings revealed that within heritage management and planning there continues to be a fixation on buildings and physical heritage. As a result, tangible heritage is at the forefront of planning decisions while intangible heritage, living heritage and Māori heritage values are often overlooked. Māori garden heritage can therefore be relegated to unseen archaeological sites or viewed as static physical representations of the past. These issues hinder the re-establishment of Māori heritage gardens and their long term viability.

This thesis contributes to the body of knowledge around Māori heritage, planning and Māori food gardens in the contemporary era. It does so by examining the historical antecedents and key issues relevant to planning for Māori heritage gardens. It then reveals how local authorities and planners can assist those whānau and hapū who are seeking to retrace their ancient connections with their food cultivation heritage and thereby contribute to the restoration of Māori heritage and wellbeing.

Te Oha - Dedication

Hei maumaharatanga,
ki tōku kuia ko Te Mori Belshaw rāua ko tōku koroua ko Brian Belshaw,
ki tōku mama ru'au ko Ami Viriaere, ā, ki ōku mātua ko Tina Te Te
Belshaw rāua ko Alan Kahurangi James Millar e moe, e moe, moe mai rā.

*In loving memory, to my beloved grandparents and parents, rest on in
peace.*

“Whaowhia te kete mātauranga”

Hei whakatinana te whakataukī nei, ko te nuinga o te akoranga. Ko ēnei kupu hei
kawe te kōrero tohutohu o ōku mātua, kuia me koroua, kia whakaohoho i a mātau
mō te uara o te mātauranga o te ao Māori me te ao Pākehā, kia whakakaha tā mātau
whānau me ngā whakatupuranga mō āpōpō.

*“Fill the basket of knowledge” This proverb embodies the importance of learning and
conveys the advice of my parents and grandparents who urged and inspired in us the
value of learning and knowledge from both the Māori and Pākehā worlds to
strengthen our whānau and our future descendants.*

He Kupu Mihi – Acknowledgements

Ranginui e tū iho nei

Skyfather high in the celestial regions

Papa-tū-ā-nuku e takoto ake nei

Earth mother who nourishes life below

Rongo-marae-roa te pūtake o te kai

o ngā huanga kai o te whenua

Rongo-marae-roa

Progenitor of cultivated foods of the land

Ki ōku tīpuna katoa o Te Moana nui a Kiwa

Kua wehe atu ki Hawaiki/‘Avaiki

My ancestors of the Pacific who have

Departed to our spiritual homeland

Kei te mihi, kei te mihi ki a koutou katoa!

Tributes to you all!

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List of Abbreviations

AHD	Authorised Heritage Discourse
CHM	Critical Heritage Management
CHS	Critical Heritage Studies
CIA	Cultural Impact Assessment
HNZ	Heritage New Zealand
HNZPTA	Heritage New Zealand Pouhere Taonga Act
ICOMOS	International Council on Monuments and Sites
IMP	Iwi Management Plan
KM	Kaupapa Māori
KMR	Kaupapa Māori Research
KMT	Kaupapa Māori Theory
MOU	Memorandum of Understanding
N.D	No date
N.P	No page
RMA	Resource Management Act
S	Section
TOW	Treaty of Waitangi
TPK	Te Puni Kōkiri
WHC	World Heritage Convention

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Papakupu – Māori Glossary

Ahi kā	Burning fires of occupation, continuous occupation - title to land through occupation by a group, The group is able, through the use of whakapapa, to trace back to primary ancestors who lived on the land
Aotearoa	Original Māori name for New Zealand
Ariki	Paramount chief, chieftain, leader, first-born in a high ranking family
Atua	God, deity
Aukati	Boundary
Aute	Paper mulberry
‘Ehua	Land (In Mangaian and Kuki Airani Māori Language)
Hauhake	Harvest
Hauora	Health, vigour
Hinengaro	Mind, thought, intellect, consciousness, awareness
Hoturoa	Chief and captain of the Tainui waka
Hue	Bottle gourd
Hui	Gathering, meeting
Ipukarea	Ancestral home, native land
Iwi	Tribe
Kai	Food
Kānga	Māori corn
Kāinga	Unfortified settlement utilised for day-to-day living
Kaitiaki	Custodian
Kaitiakitanga	The intergenerational responsibility inherited at birth to care for the environment; which is passed down from generation to generation.
Kanohi ki te Kanohi	Face to face
Kanohi kitea	A face seen is appreciated
Kao Kūmara	Dried kūmara
Karakia	To recite ritual chants, say grace, pray, recite a prayer, chant
Kaumātua	Be elderly, old, aged
Kete	Kit, Basket
Kirikiroa	Hamilton
Kuia	Grandmother, Female elder
Kō	Used for digging and used as a weapon by some iwi in ancient times
Koha	Contribution
Kōkihi	New Zealand spinach
Kōkōwai	Red ochre
Kōrero nehe	Historical accounts or ancient history
Koroua	Grandfather, elder
Kotahitanga	Unity
Kūmara	Sweet potato

Kura	School
Mahi	Work
Mahinga kai	garden, cultivation, food-gathering place
Mana	Prestige, authority, control, power, influence, spiritual power
Mana atua	Life force of the gods
Manuhiri	Visitors
Mana Whenua	Territorial rights, authority over land or territory
Māra	Plot of ground under cultivation, a garden
Marae	Village compound, serves as focal point for Māori communal events
Maramataka	Māori lunar calendar
Mātauranga	Māori knowledge, ways of knowing and associated practices
Māori	
Mauri	Spiritual life force
Mauri manaaki	Life force of the guests and visitors
Mauri tangata	Life force of tangata whenua
Moana	Ocean
Mōteatea	Lament, traditional chant
Ngā kete e toru	Three baskets of knowledge
Noa	Free from the extensions of tapu, ordinary, unrestricted
Pā	Fortified settlement, a defense stronghold during wartime
Papaioea	Palmerston North
Pātaka	Large decorative storehouses for food
Pātaka Whakairo	Carved storehouse raised upon posts
Peka	Spade varieties
Pikopiko	Ferntips
Pūha	Sow thistle
Pūrākau	Myth, ancient legend or story
Pūtea	Money
Rangatira	Chief
Rangatiratanga	Authority and control
Raupatu	Confiscation
Reo	Language
Rua kūmara	Kūmara storage pit
Taha wairua	Spiritual side
Tamariki	Children
Tanenuiarangi	A higher being in Māori cosmological thought
Tangihanga	Funeral
Taonga tuku iho	Treasures passed down from our ancestors
Tapu	Sacred, restricted, state of being set apart
Taro	A tropical plant of the arum family
Tauranga waka	Place where ancestral canoes were beached
Tāmaki-makau- rau	Auckland
Te Ao huri huri	Contemporary world
Te Reo Māori	Māori language
Te Matau-a-Māui	Central Hawkes Bay

Te Moana-ā-Toi	Bay of Plenty
Te Tai Rawhiti	East Cape
Te Tai Tokerau	Northland
Te Upoko-o-te-ika-a-Māui	Wellington
Te Wai Pounamu	The Māori name for the South Island, New Zealand and translates as the greenstone waters
Ti pore	Species of cabbage tree also known as tropical cabbage tree
Tikanga	The right way of doing things or customary practices
Tikoko	Forms of shovel
Timo	Grubber
Tīpuna	Ancestors, grandparents - eastern dialect variation of tūpuna
Tohunga	Skilled person, chosen expert, priest
Tūāhu	Sacred place for ritual practices by a tohunga, consisting of an enclosure containing a mound (ahu) and marked by the erection of rods (toko) which were used for divination and other mystic rites.
Tipuna/Tupuna	Ancestor, grandparent - western dialect variation of tipuna
Uwhi	Yam
Wāhi tapu	Sacred place, sacred site, a place subject to long-term ritual restrictions on access or use, e.g. a burial ground, a battle site or a place where tapu objects were placed
Wāhi tupuna	Ancestral site
Whakairo	Carving
Whakapapa	Genealogy
Whakataukī	A tribal saying/proverb
Whānau	Family
Whanaungatanga	Relationship, kinship, sense of family connection
WhareKauri	Chatham Islands
Wharekura	The first whare wānanga-house of learning
Whata	Elevated platform
Whenua	Land